"They Know Not What They Do" AN ILLUSTRATED GUIDE TO MONARCH PROGRAMMING MIND CONTROL BY CISCO WHEELER WITH FRITZ SPRINGMEIER

PICTURES BY A SATANIC RITUAL ABUSE AND MONARCH MIND-CONTROL SURVIVOR

[Part 5 of 7]

DESTRUCTIVE EPISODES As more and more people learn about the Monarch Mind Control, there are more and more cases of people who don't grasp that you just don't walk up to someone under this type of trauma-based mind control and tell them that they are under mind control. The victim doesn't know he or she is a victim–nor may they. The victim is not allowed to know. If they were to realize the truth, they are programmed to commit suicide. It is the ultimate safety device to insure the programmers' secrets. Many of the victims of Monarch programming have been improperly diagnosed a Paranoid Schizophrenics, and many of them have been hauled off to mental hospitals when they tried to escape their programming. Our abusers often threatened that if we tried to escape, we would have this or that bad thing happen, and one of those was to end up in a mental hospital. Our family just could not understand that if we had a problem that our problem wasn't like the problems they were used to. If the mind-controlled slave does realize something of their mind control, who would believe them? Who could help them? The System is set up to catch run away Monarch slaves. The Illuminati control the help lines that survivors might want to call for help. Many of the

therapists are multiples themselves, and many of them are plants. About half of the therapists in our area working with Monarch victims are multiples themselves who are plants of the Illuminati! These plants influence the legitimate therapists. This happens at meetings the therapists have together and in other places and ways. This means the escaping mind-controlled slave is on his or her own a great deal of the time. Sometimes to reduce the pressure of the suicide programs, slaves will act out what their mind tells them to do. Rather than cut with a real knife a plastic one can be used or a dull a pair of plastic scissors used. Or maybe if the desire is to cut, channel that toward cutting paper. The elements in this picture show how suicidal a System can get. The dwarfs were always protecting the programming. Boxes and other things also protected the programming, and presented problems if they were opened. An octopus strangling program might be released. One of the programs was to make us feel like we were fragile paper doll cutouts. They used a story in the Wizard of Oz series for that programming. We would get so fragile that to touch us, would make us feel like we were shattering into a million pieces. Death is in the center of this picture. The little girl is facing all this mess. One of the methods it seems that a survivor will self-destruct is that the programming pushes certain alters to look into things that will cause self-destruction. It is hard to tell a survivor that there are limits to what they should look at in their System. They may push themselves so hard in looking for answers that they self-destruct. Notice the small puppet in front of Doctor Green's box. Many of our alters believed the programming that we are merely a puppet, a marionette puppet of Doctor Green's. As a puppet we have no thoughts of our own. If we were told to self-destruct to preserve the goals of our puppet masters, we would do it. Now we have more control over own life. Death surrounds the escaping slave on every side like a fog, but the help that is there is

often only in the form of a therapist once a week. Many therapists have found out that taking on an escaping cult slave is like a full-time job. Unfortunately, professional therapists do not have the time to devote to a client like this. Therapists can form teams or help each other by being backups for each other when the other is gone. Still there is not a good answer short of providing 24-hour expert supervision if success is wanted. We would never have survived our destructive episodes if we had not had expert 24-hour supervision. Tho picture's teddy bear shows how helpless the girl feels. People coming to therapists need others to continually tell them that they are not helpless. The Monarch survivor needs constant reassurance that they can make sound choices and that they can seek answers within themselves, and that they can achieve power over the programming. Besides the programming, there are guilt issues and other issues that can trigger destructive episodes in a System. However, the bottom line is shown at the top of this picture. Destructive episodes are a spiritual issue. Destructive episodes are usually demonically powered. When we got rid of the destructive demons in our System, we got rid of the power that wanted us to commit suicide. Spirits of Death and many thousands of similar Spirits drove us toward self-destructive behavior. The mind must be free of this type of control to make positive choices. This picture is again frill of the items that ran through our mind. The gold, the code numbers at the bottom right, the ravens, the dancing, and the all-seeing eye to list a few.

AWAKING! This picture was one of our first collages. The alter who did this was beginning to awaken to what had been done to us. However, the idea that our father could be linked to any abuse was so radical of a thought that the picture didn't show his face, only his hat underneath the girl. It is possible some people see this picture as only a

bunch of colors on a sheet of paper, but to us it is a picture of significance. The horse symbolizes our Master and the little girl is meeting him. The Freedom train's railroad tracks represent the actual railroad tracks this alter walked on to get the System to the location it was accessed at. But who can believe all this? Part of the ongoing abuse cycle is that the System must pretend to the outside world that our abuse didn't happen. Some alters would come out of denial, and then climb back in it again. To face what was done to us is hard enough without any programming. But we were trying to face our past in spite of the programming and in spite of all those well-intentioned people who advised us to forget the past. Until we knew where we'd been, we couldn't know where we were. Until we knew where we were we couldn't plan where we wanted to go. We needed to face the past. The route to health for a Monarch slave is the opposite from what it is for others. Some people need to let go of the past- not so for the victim of Monarch programming. Forgetting and disassociation is part of the problem–and more of it is not the solution.

[Psalms, chapter 57: Be merciful unto me, O God, be merciful unto me: for my soul trusteth in thee: yea, in the shadow of thy wings will I make my refuge, until these calamities be overpast. I will cry unto God most high; unto God that performeth all things for me. He shall send from heaven, and save me from the reproach of him that would swallow me up. Selah. God shall send forth his mercy and his truth. My soul is among lions: and I lie even among them that are set on fire, even the sons of men, whose teeth are spears and arrows, and their tongue a sharp sword. Be thou exalted, O God, above the heavens; let thy glory be above all the earth. They have prepared a net for my steps; my soul is bowed down: they have digged a pit before me, into the midst whereof they are fallen themselves. Selah. My heart is fixed, O God, my heart is fixed: I will sing and

give praise. Awake up, my glory; awake, psaltery and harp: I myself will awake early. I will praise thee, O Lord, among the people: I will sing unto thee among the nations. For thy mercy is great unto the heavens, and thy truth unto the clouds. Be thou exalted, O God, above the heavens: let thy glory be above all the earth.]

INTERNAL DEFENSES Our picture here is illustrating all the numerous defensive programs that have gone off trying to protect us from touching with anything in the System. The System was twisting and turning and trying to keep its sanity as dozens of suicide programs went off, and the Gamma Programming reached a feverish pitch. The secret set of coded programs and computer workings is called Omega Programming. The super-secret demonology processes where demons and portals are constructed throughout the system is known as Gamma Programming. The Gamma Programming includes the All-Seeing Eye, the Vail, the Eggs with Imps, etcetera. The internal defenses consist in part of body programs that are triggered if the mind-controlled slave steps out of line. Here is a good list of some of these body programs: Auditory problems, Blood flow and circulation, Digestive failure, Headaches and split-brain, Heart failure, Histamine production, Optic problems, Respiratory failure, Sleep deprivation, Sleeping program, and Temperature change. The suicide programs that would go off included Armageddon, Clowns cutting, Cutter program "Pain is Love", Disembowelment, Drug overdose, Gethsemane, Injection of bleach (poison), Octopus, Red Sea, Shooting Programs (shotgun, Russian roulette, shooting family, etcetera), War in the Heavens, and Wrecking the car. Along with the suicide programs that would be triggered were other programs that would jerk our minds every which way which included: Busy Cleaning Program, Crazy program, Flooding (from Atlantis), Isolate and Hibernate Program, Memory Erasure Program, Pain

Programming, Protection by trance, Revolving switching, Scrambling Program, and re-structuring Programming. When we were going toward freedom our mind triggered programs of all kinds, and the mind ended up not knowing if it was coming or going with all the different programs which were activated. For weeks on end, we had all types of suicide programming going off, and our minds had to fight the suicide programs second by second. It was a long, drawn-out fight that we could not have made without a friend with us every second of the day. The picture gives an idea of all the craziness and activity of the Omega and Gamma programs which activated to defend the Illuminati's mind control. On top of that everyday life would trigger us. We would be triggered by dates, faces, events, things on T V, and Ceremony Dates. Some of our triggers were general triggers and some were to self-discipline ourselves. In other words, even without the programming, we had a lot of abuse issues to work through which could be triggered by everyday life. The programs were put into our System and given codes. Our strongest alter, a general in the System worked six months of hard work to figure out some of these codes, and with our best friend we had a good idea of how they triggered some of the body and suicide programs. These programs had Greek, Hebrew and Druidic letters in their activation codes. Actually, these alphabets also are the way these people numbered with, and the Greek, Hebrew, and Druid letters were used as numbers. Our friend named these programs Utility Programs, because they functioned much like the utility programs of a computer. The secret Gamma Programming-that is the demonology was also part of what we had to deal with. The eggs in the picture held imps. Grotesque looking demons terrorized the system, but it wasn't until they were cast out of the body that we saw their true form. The programming was designed that if it was taken out improperly, it was to come back Seven time Seven

stronger. Along with all the programming went cover programming. Generally, front stories have covered almost everything in our System. Dominoes were used as the basis for what would be called a Mother Board in actual computers. Alice in Wonderland, the Wizard of Oz, and the Tall Book of Make Believe played a fundamental role as "software" in our System. The Wizard of Oz stories told us what structures to put in our internal world and even HOW to create an internal world and its parts. We don't want to forget the root program, the tree which was used as a method of organizing the various programs, just like a computer's subdirectories branch out more subdirectories. If our programming was tampered with, we would want to cut the free-however, since the tree was in us, this meant we would want very badly to cut our arms, especially our veins. Sometimes we did cut ourselves, sometimes multiple times, but fortunately we never killed ourselves. The abusers had three-part access codes. They could trigger us to have abusive behavior too as punishment. Their final act of torture was to try to start an internal shattering that would domino through the System and shatter all the alters one by one. Fortunately, we got the shattering stopped just before it completed its job.

CIVIL WAR The light side and the dark side of our System lock themselves in combat. Our System had a Christian mother who was not in the cult. She was meant to be a front, but she also seriously threw a monkey wrench into their plans. She helped our Christian alters to find and use the power of God. Mother's spiritual power, due to her faith in God, was never crushed, although the abusers tried. Our Christian alters became prayer warriors who would storm the gates of hell, and would walk up boldly to the throne of God and intercede for our System. But our System was also secretly part of the highest levels of generational Satanism. Dark side alters on the Mothers of Darkness level learned

high level demonology. They learned to summon demons. Their jewelry was part of the focal points to invite demons in. The demons our System had internally were considered friends by alters on this level. Their programming kept them from seeing the slavery that the demons kept them in. Both the Christian alters and the Dark Side alters had people in the external world they could call on. And both sides did call on help from their side. The Civil War between the light side alters and the dark side alters has gone on for years, but came to a crescendo of activity when the deprogramming began. This picture was done in the middle of the war. The Satanic dark side had the programming and the structure of the System on their side. The light side had their faith in their Almighty Creator. There have been a number of Illuminati people who have tried to get free. However, the lack of understanding by Christians and counselors have destroyed any chance they could have had. Ifa man says he is a member of the Illuminati but wants to leave, that doesn't mean that some of his alters won't still be loyal to the dark spiritual side. If Christians catch one of his dark side alters doing something occultic, that doesn't mean that the Christian alters aren't serious about leaving Satanism. Our System suggests that the deprogramming such as we went through be done as intense and quickly as is reasonable, and as free of outside interference as possible. When a System is half deprogrammed and then is accessed, the result is a terrible mess. Unfortunately, the therapeutic process that is in place in the nation leaves the victims of Monarch programming free to be victimized by their abusers when they are not in the therapist's office. Therapists are restricted from taking a part in their clients' personal lives, so a large area of the victim's life is an open target for their abusers to continue accessing them. Quite frankly, a great deal of therapy may be more harmful to a System than helpful, because the abusers can come along behind the

therapist and wreak havoc on the survivor and his or her mind. Therapists often rely on front alters to report to them as to whether the System is being accessed. If a System is working as it was designed, the front alters will not be able to detect when their System is used. There are plenty of cover stories that can be hypnotically given to explain lost time, and it doesn't take long to do lots of damage with a System if you're the System's handler. The dark side can be accessed via letters, music, telephone calls, telepathically, via electronic signals, via the pattern of planes flying overhead and a number of other ways. Sometimes Illuminati Masters astral project themselves into the victim's room. The battle in the picture is an intense one. The Illuminati want to shut the light side alters down. The poppy field indicates the fate that some alters experience. The cemetery shows that this is a fight for life or death. Some of the Christian alters may end up thrown in prison. Except the prison they serve in is within their own System's mind. Christian alters who got trapped for months inside unable to get out, found solace by praying and trusting in their Savior. Short of miracles and outside intervention, there is no way for a Monarch mind-controlled slave to free him or herself. There is a lack of serious understanding people to pull these victims out of their mind control. A System under mind control cannot free itself. The light side cannot simply go get itself delivered of demons, or simply attend church every week to free its System. Dark side alters cannot hear many of the Christian terminology or they have been programmed to understand the terminology in negative ways. Our System's dark side understood the following terms in the following ways: 1. "God" was Satan, a victorious God who gave us everything. Christians had a god who had turned his back on us in time of pain and hated us while our Master had saved us. We had no heart anyway to give to any Christian god. Some of our alters were hypnotically trained to trance out at the word "God".

2. "Creator" was our Programmer. He was obviously the one who made us, gave us life, and controlled us. 3. Lots of Bible was programming for us. The point is that listening to sermons while under mind control was not even remotely helpful. Until our mind was free, to force Christianity was counterproductive.

CODE RED This picture was done by deeper alters trying to warn the System. Watch out! Code Red. Don't touch those books in the library. The Raven stands for the flocks of ravens that would appear and would take over the System. When the ravens got the body, they would start tearing at the flesh of the body. Without someone to take care of us, the ravens would have bitten our flesh off. This picture was done when our System was turning. After the System turned, the kitten alters were able for the first time to see the castle lights. Everything was red. There were also golds and blues. There were thunderstorms at this time in the System. The System was doing a lot of spinning too. This picture also hints of the oaths, the double worlds, and other things involved in our System.

[Acts, chapter 3 verses 1 through 11, and verses 19 through 26: Now Peter and John went up together into the temple at the hour of prayer, being the ninth hour. And a certain man lame from his mother's womb was carried, whom they laid daily at the gate of the temple which is called Beautiful, to ask alms of them that entered into the temple; Who seeing Peter and John about to go into the temple asked an alms. And Peter, fastening his eyes upon him with John, said, Look on us. And he gave heed unto them, expecting to receive something of them. Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk. And he took him by the right hand, and lifted him up: and immediately his feet and ankle bones received

strength. And he leaping up stood, and walked, and entered with them into the temple, walking, and leaping, and praising God. And all the people saw him walking and praising God: And they knew that it was he which sat for alms at the Beautiful gate of the temple: and they were filled with wonder and amazement at that which had happened unto him. And as the lame man which was healed held Peter and John, all the people ran together unto them in the porch that is called Solomon's, greatly wondering. ¶ Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord; And he shall send Jesus Christ, which before was preached unto you: Whom the heaven must receive until the times of restitution of all things, which God hath spoken by the mouth of all his holy prophets since the world began. For Moses truly said unto the fathers, A prophet shall the Lord your God raise up unto you of your brethren, like unto me; him shall ye hear in all things whatsoever he shall say unto you. And it shall come to pass, that every soul, which will not hear that prophet, shall be destroyed from among the people. Yea, and all the prophets from Samuel and those that follow after, as many as have spoken, have likewise foretold of these days. Ye are the children of the prophets, and of the covenant which God made with our fathers, saying unto Abraham, And in thy seed shall all the kindreds of the earth be blessed. Unto you first God, having raised up his Son Jesus, sent him to bless you, in turning away every one of you from his iniquities.]

EVIL SPIRITS This picture shows the evil side of the spiritual warfare that took place in our System. In our writing we refer to this spiritual side of the programming as Gamma Programming. It seems that everything that was done to us ties in with their dark spiritual beliefs. Some people observe Druidism and then describe it as ancient

religious forms. However, a closer examination will reveal that Druidism takes a person into demonology. It is not a benign worship of nature. When our Master spoke, he often talked about Druidism. In Druidism they teach a child equally about reality and the fantasy worlds. We were taught that life is "nothing but a dream." We were taught life was not real and we could change the ending to what we wanted. When we came across the book The 21 Lessons of Merlyn, it reminded us of the kinds of dungs Dad would tell our deeper alters. There is a great deal in that book The 21 Lessons of Merlyn that have undertones that the person who wrote it knew about the Illuminati's mind control. Further, because our programmers were skilled Druids, our System reflects Druidism. Also, it can be added that some of the Druidic symbology has been placed into different Systems created by the Illuminati. Halloween has come to us from the Druids. Halloween is Satan's birthday, and the Jack-o-lanterns are for his birthday. The Jack-o-lanterns are in the picture because they represent Satan's birthday. The black widow in the picture represents the activation of our Delta-Beta alters. The Illuminati shut down our front alters and the alter (G 4) that normally was used as the System's runner to take us to them. They had to shut these strong alters down, because they were all Christians, and were trying to fight against the Illuminati's mind control. The System lost all its anti-cult alters, and the Illuminati gave instructions to the Delta-Betas to bring the System home. However, they did not anticipate that our System would have friends come to our rescue. Long story short, they had to put the Delta-Beta alters back into hiding so that our best friend couldn't compromise them. They left the System in the hands of the Kitten alters hoping that we would come home. We would have come home, but we were rescued by our friend, and deprogrammed. The Kitten alters were entertainment alters. We knew little about demonology and we didn't realize that we were demonized so much until we

deprogrammed. Once the big daddy demons left the System, we were free to think for the first time in our life. When we deprogrammed, we came out of trance. We had lived our lives in trances. When we came out of trance, colors became brighter, voices became more distinct, and sensations became clearer and bolder in general. It was an exciting adjustment to make. Some of us got to see the body's face for the first time. Before that, we had only seen what we had been hypnotized to see. The adjustments demanded by deprogramming are great and there needs to be long term intensive help to help people learn to get back into the real world. Men who are captured by the enemy (Prisoners of War) will receive help to adjust back, but it sometimes gets overlooked that the survivors of programming need help to adjust to a new world too. In the picture, we showed the man behind the wind whose voice was like thunder in our head. Therapists need to be careful, because the process of help may actually cause more trauma and more splits. This drawing is one of the first where the Kittens were able to place the Mothers upon a pedestal. Most of our Gatekeeper alters are on pedestals too. However, the principal gatekeeper (designated as "A" by our programmers) is generally locked in place and fronts for the entire triad. The other two parts are "B" and "C". The deeper gatekeepers were spinning on their pedestal, and they had to be stopped and locked into place if the therapist wanted a conversation with them. Below these three would be ten more. Generally, the others were left young, and unexposed to the world. They help keep the few top ones who are exposed to the world in line. By only allowing a small fraction of our alters to interact with the real world, it was hard for us to break down the mind control. Some of the mind control broke down simply by allowing us to interact with the real world. This is why slaves like Loretta Lynn or Marilyn Monroe rarely read newspapers or watch much television. They are kept

isolated externally and internally from the world. This control is summed up by the demonic hand which extends into the picture.