

DEEPER INSIGHTS INTO THE ILLUMINATI FORMULA by Fritz Springmeier and Cisco Wheeler

PODCAST 30

HOW HELP COMES ABOUT FOR MIND CONTROL VICTIMS

[continues]

WARNING!!!

This page is not to be read by any victims of mind-control, no if's, and's, or but's. Reading this material may be highly lethal - it will trigger powerful suicide programs in some victims of mind-control!!!

CORE ISSUES

The core issues are issues that concern the basic survival of the mind. Therapists have blamed victims for not cooperating in integrating the core, when a fuller understanding of the dynamics of programming shows that the victim is only attempting to protect himself. In 1960, J.D. Sutherland at the second Tavistock seminar on mother-infant interaction in London presented his work which was entitled "The concepts of imprinting and critical period from a psycho-analytic viewpoint." This was reprinted in a book Determinants of Infant Behavior II. Sutherland discovered that traumatic frustration experiences in a child's early development set up subsystems in a person, which continue to seek expression, and are relatively little

influenced by subsequent experiences. The formation of social relationships by an infant relates to the concept of imprinting. Researchers have not sorted out all the complex processes, but imprinting researchers feel confident that imprinting in humans has some parallels to precocial birds. They found that newborn babies less than a day old will follow a real face much more than a mannequin. This proved for instance that babies are programmed prior to birth to respond to human faces. There are obviously some built-in mechanisms to human thinking. The human brain is actually 7 brains. The lower three brains are: one, the medulla; two, the pons; and three, the cerebellum. On top of the pons, is the fourth brain, the mid-brain. The mid-brain is the central brain linking the 3 higher and the 3 lower brains. It relays messages back and forth. It regulates the life force, and serves as a regulator to states of consciousness. Secretions in the fourth brain create the emotional construct of "me". If traumatized, such as during the splitting-the-core trauma, the mid-brain does not secrete the peptides or endorphines which relate to the self-sense that is attached to a sensory experience. In other words, when the core is split, the mid-brain ceases to secrete the peptides that emotionally connect its potential sense of self to the sensations of the body. The mid-brain is also the area that is imprinted with roles. Each one of the 7 brains that make up the entire structure called the human brain is capable of having feelings. This is one reason why we can have "mixed feelings" about one item. What seems to occur during the splitting of the core (referred to as the Primal Dissociate Experience PDE), is that the mind decides that survival is dependent upon not identifying with what is happening. In a sense it decides that death to the self is a type of survival. The mind creates dissociated "ego states" (what Sutherland called "subsystems") to deal with these difficult situations that it refuses to accept into its memory as happening to itself. Deep level ISH (internal

self-helpers—perhaps Guardian angels) have been successfully used to reintegrate the PDE held in that special part of the mind back into the mind.

When the brain's senses try to record the PDE, the mind disconnects itself from the experience. Body memories remain of the experience, and dissociated memory fragments. The mind disassembles its concept of self. It decouples itself from existence and goes into hiding. The rest of the victim's life will be spent by the "core" retreating deeper into hiding. When the mind, decouples itself from the body and takes itself into hiding, it permits dissociated pieces of the mind to pick up the abuse. One of the positive pieces of the original splitting experience will be used to create a host(s) personality. This is the person that will front the system. (Shortly an entire explanation of all this will follow.) The retreating "remnant of life", after it has let the self die and the mind be splintered is really only that part of the mid-brain which regulates the life-force and the soul. There is no alter that is the real core. ANY alter that claims to be the core, is a false front developed by the programmers. The real core is an essence—the soul, the deep part of the mind that remains alive when the central controls of the fourth brain completely decouples itself from identifying with life. In reality, the area of the brain that is normally imprinted by the events of life and grows up with a concept of self has decided to separate itself from external reality and goes into hiding. A variation of this is autism. In this case, the complete mind retreats from reality, rather than the soul. Many therapists ignorantly set their primary goal with DID programmed multiples to be the integration of the core. They are ignoring the fundamental issue for the victim's mind. The fundamental issue is that the core's survival demanded separation from external reality, and the creation of separate dissociative states to contain the traumas being heaped upon the

victim. The driving motivation at the deepest level of the mind is to preserve the safety of this elusive core.

Traditional therapies have worked against helping victims, because these therapies attempt to expose the core to reality, which aggravates and strengthens deep resistance by the victim to therapy, because the decoupling from reality is the imprinted survival mechanism of the mind. The Illuminati try to insure that the core never wants to rejoin the world by:

- a. programming many alters to believe that they will go psychotic or kill themselves if the core is touched,
- b. that trauma keeps the core distant, therefore, the greater the victim's ongoing abusive relationship with the cult, then the greater the "safety" of the core.
- c. internal worlds are created with walls protected by demons and suicide programs to prevent alters from reintegrating or connecting with anything else such as the core.
- d. internal conflicts are set up to keep the alters fighting and disconnected from each other. Alters which fear the abusers must somehow resolve their fear with alters who identify with and mimic their abusers. The mess that is created, sets up an environment that places the core in an impossible situation. If the sense-of-self were ever to return to rejoin reality, how would it ever resolve all these conflicts or live with such a mess in reality? The sense-of-self may subconsciously give its energy to part of the mind, but it is not doing so in a conscious manner, because it has detached itself from identifying with what is going on.

The Illuminati perceive the core as that soul, that breathe of life that God breathed into Adam, to make him a living soul. This is not entirely off-base. The energy of an alter system comes from that 4th brain which is also that area of

the brain that is involved with one's sense of self. The programmers perceive that the core's existence only remains in its ability to create parts of the mind to maintain its life. The core is like a soul—perhaps it is the soul of a person, and it creates alters to maintain its own integrity and safety. The Illuminati carry out a final ritual when a hierarchy person is ritually murdered where the successor sucks the dying person's last breath out in order to capture the soul. Whatever the exact substance and nature of the core, whatever the detailed mechanics within the brain were when it dissociated itself from reality, the core still remains a very touchy issue for therapists. Therapists should approach alters that are core splits with great gentleness, honesty, love and kindness. Back door techniques should be used for talking through to a system of alters without attempts to go directly toward the "core". Attempts to go directly toward the core will most likely be frustrated and stopped by the victim's alter system, but the energy that is wasted in such a move is not healthy. If a child victim were never to suffer trauma after the initial core split, the programmers discovered that at some point years down the line, the core will want to reconnect to reality. Now that we have explored some of the basics concerning the core, it is time to discuss the deeper realities of what happens to the core during programming. This information has never seen the light of day. We are able to provide it, because sad-to-say, our system had a level of programming alters who programmed and helped with the tests that showed what we are about to reveal. Until recently, the world (with the exception of the programmers) was too ignorant to be able to understand what we will reveal. We trust that there are a small group of therapists that are now ready to utilize the deeper secrets of what happens to the core. Remember, that the Vol. 2 book discussed the PDE, the Splitting of the Core trauma. This is actually a long series of traumas, that

culminates in the mind deciding to split itself with dissociative barriers. This original PDE trauma provides some parts of the mind that love their master and some parts that fear (fear as in raw terror) the master. These two themes-LOVE & FEAR- are skillfully used by the programmers to build a protective shield around the core for the front part (host part) of the system. The front part is built from the first PDE and then it is left in relative "peace" so that it has enough stability to function in the real world. That doesn't mean the front has a life of ease, it just isn't subjected to what the deeper parts have to endure.

The deeper parts will be derived from the second major programming trauma of the system. But before we get into that, let's briefly touch on the LOVE/FEAR issues that protect the core. The love that the core has for its primary caretaker (refer back to Vol. 2, chptr. one, where it describes the excellent caretaking & love bonding) is powerful and pertains to parent-young imprinting learning. There is a susceptible period that is built in during those first two years, where the psychic organizer emerges. (Refer to Hess, Eckard H. Imprinting Early Experience & the Developmental Psychobiology of Attachment, page 340.) It has been clearly demonstrated by scientific research that the baby has an innate drive for love from a mother figure. This love is a primary need of the infant- without this love, some babies give up and die. This is not surprising, many people can realize this without the specific scientific proof. That primal need for love is exploited by the programmers. The parts of the mind holding this powerful primal love will split from the parts holding the raw terror of the PDE. When one tries to approach getting to the core from the host level, the alters holding the love of the master will protect the core. What has been discovered then is that the fear then protects that

love. There are lots of silhouetted parts brought into this love-fear relationship of alters. This love-fear relationship has defeated the best therapists, because until the therapist can unravel such situation and these issues the mind will not let them get to the real core. Because the basis for the original splitting was RAW TERROR on the part of the core, it goes into hiding. It is very difficult for the core to be accessed, because he/she will only appear if he/or she has absolute and great trust in who is calling it up. As far as we know, there has never been a genuine core accessed by anyone outside of the Illuminati/& other programming cults. The Illuminati must have a very caring Mother-of-Darkness establish a trust relationship with the core BEFORE the PDE. This tender loving Mother-of-Darkness then can be used to pull up the core for work. Because our system (your author Cisco) was noted for its tenderness, we often received the job of being the "Mother" for systems which were being programmed. That is why we can pass on so much of the real secrets of what the core is all about. Hypnotic access codes are given to the core, which work only if used by that individual which the core greatly trusts. Working with the core splits which have the love/fear dichotomy does not establish rapport with the core. The real core has retreated far into the mind—under the basement of the mind, and lays under the hell pit that is built by the Illuminati at the basement of the mind. (What this means is that some of what was written in Vol. 2 about the carousel was cover programming. Splits from the core are strategically placed in the system to make those who work very hard think they have gotten to the core. This is not just for the protection of the programming, but this safety feature also protects the very life of the programmed multiple. It is not a safe thing for a programmed multiple's core to be played with.) When a tender mother pulls a core up, what will she find? The core comes up in its fear. Centuries of Illuminati programming experience have

clearly demonstrated that the core is the only part of the mind that has a true awareness of itself, such as its age, and a reality of its own. However, because the core stays in the basement of mind, it does not experience life. When it is pulled up, it will look around, notice that it has aged, wonder where the years have gone, but it doesn't go into denial or into psychotic fantasy or some other defense.

It will simply accept reality, and reject all the fantasy. The core will NOT remember its memories of abuse. It may have some issues regarding some things, but its thinking is healthy and true to itself. Again the core is the only part that is true to her or his self. The programmers do use the core for some types of programming, but not in the sense that they use alters. The host (front) personality that lives in the day-to-day world will be strongly grounded in reality, but in a different way than the core. With the exceptions of the few host personalities that experience life day-to-day and the core, who can somehow access the truth when it awakes and comes to the front of the mind, MOST of the alters live at the age they were created at or have been hypnotically assigned. They do not experience life in a 3-dimension matter-space-time world. Life is 2-dimensional, without a concept of time. The Illuminati prefer they don't wear watches for this reason. After lots of integration work, trust work, and memory work, it may be possible to access the core through some of its closer splits. Before discussing the second major programming trauma to the core, it is extremely important to disclose a major secret that the Illuminati programmers came up against. In fact, due to their prideful beliefs that they were gods, it was a rather touchy sensitive subject to talk about when we worked with major programmers. In spite of it being a touchy subject, it was such a major subject, we did have some conversations concerning it. The programmers called it "THE ETERNAL LIGHT". It was also referred to as "the SOUL". Different

programmers speculated about what this light was, a few thought it was the Guardian Angel that God assigned to each person, one thought it was the part of man that would face Almighty God on judgement day, and “bow its knee”. (If it’s hard for the reader to conceive that Illuminati programmers know Biblical verses such as “all knees will bow before God” and theological concepts, then read Aleister Crowley, who as a Satanist, knew Bible concepts and theology in detail. Also remember, some Christian ministers have a secondary vocation as Illuminati programmers.) It can be understood why programmers (who of course were Illuminati masters & adepts) would call this LIGHT “the soul” because they were steeped in Greek philosophy. The concept of the immortality of the soul was an idea of the mystery religions of Babylon, and was elaborated upon by the Greek philosopher Plato. This greek philosophical idea of the word “soul” clouds the biblical meaning for the word. In the Hebrew scriptures the word “soul” is the Hebrew word “nephesh” and in the Greek, it is “psykhe”. In the Word of God, Genesis 2:7 states, “And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being (nephesh).” What is significant here is that man was not given a soul (nephesh), but rather “became a living soul”. The Greek scriptures also say in 1 COR 15:45, “The first man Adam BECAME a living soul (psycke)”. It is clear from many other scriptures that soul (nephesh and psykhe-psykhai in plural form) meant the body and mind of a person. This nephesh can die. EZEKIEL 18:4 states, “The soul who sins shall die.” (Hebrew word “nephesh” translated for “soul”). However, though the soul (mind and body) dies, the spirit returns to God, who gave it. ECC 12:7, “Then the dust will return to the earth as it was, And the spirit will return to God who gave it.” The Bible uses the Hebrew word ruach and the Greek word pneuma for our word “spirit.” It is very clear in

numerous scriptures that the spirit is a powerful active force which has intellect. It is a person. The Holy Spirit could be blasphemed, and lied to. In turn it taught, and spoke and comforted. If a spirit can speak, teach and comfort, what is it? In programming, we programmers came in contact with this spirit that God places in each person, and it caused us fits. Each person's God-given spirit was a powerful light that had intellect which attached itself to the core, but could be separated from the core. When the core comes up, this attached light form (the God-given spirit) would come up with it. This God-given spirit had no memory of abuse, it simply had energy, intellect and a power to protect the core. The essence of this God-given spirit was impossible for pre-verbal children or young children to describe. It has been the object of scientific research. One thing that the Illuminati have long known about this God-given spirit—it never works, it never takes on any responsibilities, like the entire rest of the system will do. The rest of the system will be a system of dissociative pieces of the mind, and alters who often have some type of job. This isn't the case for the God-given spirit, or what the programmers called THE ETERNAL LIGHT. From experience it is also clear that the eternal light, although it wasn't the core, somehow was a reflection, a total reflection of the core. We knew these things as oath-bound Luciferian programmers, long before we ever contemplated getting to know the Christian God. The Spirit was an intelligent life-force, a preserver of life. When the major programmers got into big trouble and their child slave was going to die, go insane or was splintering uncontrollably, even though they disliked the ETERNAL LIGHT because it was more powerful than they were, they would call it up, and get it to assist in bringing healing, life, and integration to the victim. This God-given spirit was like God's own spirit, in that it gives its help to the good and bad alters, the just and the unjust alters. It is reminiscent of Christ's

words, "Your Father in heaven...He makes His sun rise on the evil and on the good, and sends rain on the just and on the unjust." MT 5:45 The Eternal Light can integrate parts of the core or as far as that goes any alters that have split. It is so powerful that the Programmers know that if they pull it up and attach it to alters that they are torturing, that it will provide a protective covering so hard that they can't cause the mind to splinter. Another thing that centuries of programming experience has shown is that the eternal light does not know that it is connected to the core. The God-given spirit needs to be taught if it is know that it is connected to the core. The programmers of course do not teach this to it. The Illuminati have done lots of tests (and we observed some of these) where the core and its God-given spirit were allowed to spend positive time with a portion of alters. The core and its spirit would automatically integrate all these parts back together. Therapists spend hundreds of hours trying to get cooperation between alters, and yet the core and its spirit can integrate them in a flash if given a safe opportunity. Now you're beginning to see the power of a safe environment for the core. However, the top therapists (Dr.s of Psychiatry) are out on speaking circuit teaching that it doesn't matter if your client is safe, you can still accomplish good. As a victim would you like to cross the Pacific swimming or flying in a 747 jet? Or to make the analogy more accurate, which choice would you want if you couldn't even swim? When Fritz, our co-author worked 24 hours a day to provide our system a safe place, numerous therapists and deliverance ministries came out of the woodwork to publicly attack him. A few wise people are beginning to realize that safety of the victim IS THE NUMBER ONE ISSUE, AND THE BEGINNING ISSUE. If the victim is left alone in safety and with trustworthy loving people, at some point the core and its God-given spirit could integrate everything back in an effortless manner.

Certain people are beginning to realize that the main part of a treatment plan is safety. (Unfortunately, the safety issues are far more vast than therapists care to admit. This book and the Vol. 2 Formula book are laying the foundation down for how varied and technologically advanced their control is. An afternoon with a Christian minister is not going to provide the security for the mind to let down its protective mechanisms. What is happening when skilled Christian ministers access what they think is the core, is that they are getting at best core splits. Having core splits heal is very powerful. That means that foundational sections of programming are automatically ripped up. One major drawback that is preventing more success is that the core is not understood, and the issues of safety are not being understood and addressed. When the God-given spirit joins itself to a group of alters, the Illuminati testing shows that it can take on a memory, bring the core along, and make that section the leader of the pack in the mind. In fact, knowledge of this is going to be used unfortunately for great evil, rather than for the good of humanity. Soon the Anti-Christ is to take power. At pre-arranged points in time, the hierarchy alters are to be given the core and the Eternal Light, and the rest of the minds of these slaves will be placed hypnotically under the hell-pit, where the cores are presently asleep. This means thousands of hierarchy Illuminati members will switch from their Christian host personalities, into people who day-to-day have very strong luciferian personalities which serve the Anti-Christ. Therapists, who have spent years in agonizing patient work using primitive often-damaging methods to help their programmed multiples, are going to see their work go down the drain literally overnight. A therapist, who has spent 10 years piddling around with stabilizing a few front alters, will find they no longer exist within the working part of the client's mind. Some of these therapists are even targeted to be killed. Some of these therapists are

Illuminati multiples themselves, who will go back to continue helping with the large-scale operations of mind-control programming.

In order to deceive both the therapists and the victims themselves, the programmers carry out several well-designed, excellently executed deceptions. An early split of the mind is pulled up which will perceive itself as light. This part will be shamed and called “bad magic, and treated like it is the core. It will then be placed in a box and sent into the outer-space of the victim’s mind. A few young watcher alters will see this, and believe they have spotted the core being placed in a box. This light will be allowed to come up to help the system when it is in trouble. Because it is not the real core, it can’t protect other alters. When the alters in trouble see that they are not being helped, they feel betrayed by the core, and feel helpless. They have no idea how powerful the real core can really be. In fact some alters are programmed to believe that the core is responsible for their problems. Some of the alters walk around internally with a bad attitude toward the core. The programmers put the core to sleep with the sleeping beauty story.

Another early core split will be placed in the carousel, along with 3 demons ask to function as a false trinity, and many mirrors for entrapment. Other core splits will be placed as blackmail in special castles. These will often be called ‘the core” by the programmers in order to confuse the victim. The second major core programming trauma takes place in a sensory deprivation tank under a controlled LSD trip. Readers can consult Chapter 3 of this Deeper Insights book, approx. page 28-32 for a description of how the sensory deprivation tank programming under LSD is carried out. The initial sensory deprivation trauma is done with the core and it shows no mercy upon the mind of the

victim. The Illuminati want to have the victim go through the eight emotions and the five senses, in other words 13 categories of splitting. During the sensory deprivation experience they want the victim to go through love, fear, anger, confusion, pain, shame, despair, self-hate, and then the loss of each of the five senses (one by one) taste, hearing, pain, hot-cold, seeing, and finally a sense of being nothing. The mind of even the child victim is vast. As the lonely isolation and torture begins in the isolation tank, the mind finally reaches a point where it begins splitting and splitting. When the child is splitting due to fear, at some point the mind reaches exhaustion of this feeling, and begins entering into another response, perhaps anger. The mind will unravel in dissociation with the new emotion until again the mind switches and tries another response to its entrapment. The body is wide open for demonic forces to take advantage of the pained/drug state of the child's mind. The Illuminati work to demonize the child while it is suffering under the full impact of the sensory isolation tank. Gradually the child begins to die. As the mind under LSD begins to feel its molecules evaporating into nothingness, the child approaches death. The mind gives away the body. Then the spirit—the Eternal Light leaves the body. After years of experience, the Illuminati has scientifically figured out how long they can wait after what they call the “soul”—the God-given spirit leaves, before they hit the child with electroshock to revive its life. The core really believes it has died. (Chapter 10 of this book addresses the manipulation of near-death experiences by the Illuminati.) The Illuminati literally snatch the life of the child back into its body.

Now the job comes to take the 13 different stages and to build alters from those different dissociative states. From the state where the core has given up identity with its body, no longer sees itself as human, and considers itself

dead, the Illuminati will take these hundreds or thousands of dissociative pieces and program them to see themselves as butterflies. In the sensory deprivation tank they are like tiny flicks of light. But the hypnotic suggestion is given that they are butterflies. This is just one of many reasons why the term Monarch programming is appropriate. These parts of the mind will make up one of the most secret parts of an Illuminati system. We are now revealing this secret grid for the first time. The butterflies are placed into the first grid of alters near the core. This grid forms a net around the core. These butterflies are floaters, that encircle the core. This is the sixth grid, but in Illuminati programmer parlance the grid is called a "DIMENSION". These protective butterflies are dehumanized and hold the victim's final fear as the victim died. Only four strong splits from this time period of the tank trauma are not made into butterflies. They are made into four cornerstones (also called the "FOUR GATES TO HEAVEN", north, east, west, and south. These become the points of the compass upon which the system of alters will be structured. The four gates to heaven create a foundational pattern for an internal clock, a compass, and a seasonal/ritual clock. Another set of alters that will come from the tank experience are the gems. The gems are discussed in Vol. 2. They will be placed in the first dimension, along with a carousel. From the gems, ribbons will be created that run to the internal computers. The ribbons will have to learn access codes and other codes to mediate between the gems and the computers on each of the levels (dimensions). Each of the six main dimensions (also called sections on the alter grids that the handler carries around), will have a mirror. Of course the programmer can create any configuration he wants, but the 13 by 13 by 13 cube is a very common Illuminati system. Other common configurations are a sphere, and a double pyramid. The Illuminati like to give a 3-D effect to their alter systems. The sequence of splitting

alters from alters goes horizontally and vertically and downward. To chart out a genealogy of the time sequence on how alters arrived becomes a series of breaks in several directions. Needless to say, the programmers do chart all these breaks. They also keep a reservoir of unused clean slate alters. The programmers are unable to touch the God-given spirit. This Eternal Light remains unsplintered and powerful throughout the life of the victim. It is hidden along with the core to prevent integration of the victim's mind. While it is possible for the cult to bring the core up, it doesn't serve any purpose for them to injure the core after they have created a system. There will always be a part of the core they cannot reach unless they destroy the individual.

Theories that the most cult obedient and mean alters are those farthest from the core are not based on reality. There is some partial correctness to the concept that those victims who have a better connection between their core and their alters heal better, but when the actual programming sequence and methodology is laid out for the reader as we have done in our books, hopefully the reader will realize that most of the time the core is sleeping (Sleeping Beauty) and thinks she is dead and waiting for her Prince to kiss her and bring her back to life. She is not lurking in the background cognizant of every conversation like some therapists have begun telling each other. A sound strategy for working on the core issues, would be to get the system in a place of complete safety, and then work to stabilize the system of alters, and then begin doing memory work and building trust. When the mind is ready, then some core split alters can be healed as a potential gateway to lowering the fears of the core. Some of the readers of this book will not have a Christian perspective. We encourage them to see the healing power of forgiveness, and love that a Christlike view offers to victims. In the

reality of the real world, all men have sinned and come short of the glory of God. The core was not evil—it was simply a helpless innocent victim of overwhelming abuse. Of anybody who can understand pain, it is the Son of God (Emmanuel) who suffered innocently like-the core did. As the ministers preach, we are all guilty of the death of Christ. This means that terms like “man of God”, “perpetrator” and “victim” begin to lose much meaning as we approach the glorious brilliant light of Christ. Without forgiveness, we are all sinners worthy of death. But we are also the apple of God’s eye. There is nothing that can stand in the way of His forgiving love if we want it in our lives. One of the biggest proofs of that redeeming love of God Almighty, has been carefully hidden by the programmers—it is that Eternal Light, that God-given spirit that the programmers have never conquered.

DELIVERANCE, understanding

Today, we live in a dark age. We trust that you will find some exciting liberating ideas within this article. Christ wondered if he would find any faith left when he returned. The answers we will provide you in this article are not something you will find in the establishment churches, but are fresh revelations from the throne of God. Fritz & I have worked together on this article, and this article will reflect what we have been taught by the Holy Spirit. As anyone, who has read about total mind-control, can realize, victims of ‘total mind-control are in the greatest need for deliverance that one could imagine. Why don’t victims just choose health? Why don’t victims simply walk out and grab their freedom? The answer goes back to understanding love and free-will. God gave free-will to that part of His creation that can know good & evil, especially humankind. That was His sovereign choice, and it was an action based on the nature of God which is love. Love does not seek its own, but

seeks to build others up. The Kingdom of God has as its foundation love. We are called to speak truth in love. Satan's Kingdom is built upon fear. How many churches operate on the foundation of fear? Sadly too many. Satan constructs all his governments, whether judicial, political or religious on a foundation of fear. He then takes that foundation of fear, and applies it in such a way as to get fear's maximum leverage power to motivate people. While applying trauma along with drugs and hypnosis to people's lives, Satan gets the maximum leverage out of their fear. He uses the greatest power he can get out of fear to harden the points where people have free choice. Imagine a piece of farm machinery that has been allowed to rust and harden. The joints, the hinges no longer have freedom of movement. They are rusted into one position. The joints have lost their freedom of choice. Now the farmer comes along and applies a lubricant to clean and loosen those frozen joints. The deliverance minister is finding the juncture of choice and he is pouring kindness upon that frozen juncture, and that oil of kindness lubricates it free. Now the person has freedom of choice. A spirit is love applied to the frozen hardened joints of life is a deliverance ministry. Sometimes unfortunately, the rust is so hard that the person must be broken, because the place where the free-will, the place where their options were stolen can not be restored. Satan knows that people would naturally choose paradise, would naturally choose love & good things. First, God created man in His own image, and we still have a built in desire to do saintly things, although our perfect nature has been corrupted. Satan must trick, and tweak, and loop and snake our free will, to the point that we will give up our freedom, that we will give up our free will, and that we will agree to his life of bondage. That is what Fritz's half of the book was about. In Fritz's half, he showed how Satan destroys that free will, how he shifts and snakes, he deceives, he manipulates and bends, and

muddies the waters until a person doesn't know where he is, nor what his choices are. After all the horrendous programming, the victim "willingly" wants to give up their free will, but at that time the alters do not even realize what they are giving up nor what is going on. God continues to gently call people to Him. It is a wooing. A man is wooed by a pretty girl, not compelled. God's beauty compellingly woos us. However, some churches because they are not on the right foundations, see something wrong with someone and they come over and lay their hands on them and knock 'em down. The idea of coming up to people and attacking their demons is spiritual rape. The demons do have to obey certain Spiritual laws, but "raping" people was not Christ's method of deliverance. Let's look at the way Christ dealt with people and demonic problems.

· The mother of Zebedee's son comes to him, and he says, "What do you wish?" (MATTHEW 20:21) · The multitudes come to him, and Christ says, "What do you want Me to do for you?" (MATTHEW 20:32) · James & John come to Christ, and he says, 'What do you want Me to do for you?' MARK 10:36 · A blind man on the road to Jerico comes to Christ, and Christ asks, 'What do you want Me to do for you?' MARK 10:5 1, LUKE 18:4 1 · Two of John's disciples approach Jesus, and Christ asks, 'What do you seek?' JOHN 1:38 · At the marriage supper, a woman asks a favor & Christ asks, 'Woman, what does your concern have to do with me?' (JOHN 2:4)

Christ told his disciples that whatever they asked in faith, that is what their heavenly Father would give them. (MARK 11:24) Christ is very similar to the Father, he waited until people asked and explained what they wanted. The entire course or tenor of Christ's life was a savior who waited until a person's free will was ready for a deliverance. Christ wooed people to God. There is no wooing people to God,

when demons are forcibly eradicated without a person's consent. Does that mean that there is no place for aggressive deliverance? If we wait for some people to ask for freedom, they may never ask. With victims of mind-control, the controlling demons are sealed over and hidden quite deeply and Lucifer allows other demons to protect him in the system. Jesus went in and cleansed the temple of the money changers. Here was a situation where God's temple was being desecrated. Most people are not aware of how the money changers were desecrating God's temple, so allow us to explain this. The nation of Israel was to be the light of earth through which God poured His blessings out on mankind. The nation of Israel was to bless the world. Instead, the religious spirits lorded over the nation. The Israelites scorned everyone else (the Gentiles) as unclean. The temple's outer court was where the gentiles were to be ministered to & were to come to God. Instead the Jews gave it over to a Spirit of Mammon. Money changers were blocking the purpose of that area of the Temple, which was meant to be the salvation of the unclean, not the enrichment of the self-righteous. Notice the religious judging spirit in the Temple rulers, for soon afterwards they were judging Jesus for spending time with children in the Temple. Jesus was hoping they would learn a lesson, he said, "Yes. And have you never read what is written in the Psalms, 'Out of the mouth of babes and little ones, thou hast made thy praise perfect?'" There is a place in God's hearts for child alters & baby alters. And this then leads us to one of the best illustrations of deliverance in the Word of God. Jesus told the story of a man on the lonely road to Jerico. He had been attacked by a gang of robbers and left in the ditch for dead. Two religious men came by and judged him as unclean. The judging spirits that were in their hearts convinced these men of the lie that you get better by avoiding the unclean, rather than ministering to the unclean. (We have seen our share of ministers who

have hated to see people working with programmed multiples. Fritz lost most of his Christians friends in order to work with us. Some of them got angry that someone would want to help someone like us.) But there was a Samaritan that came along. Now remember, the Samaritan was considered unclean and a dog by the men with the religious judging spirits. The religious judging spirit doesn't want to enter into a real walk with God, and it will do all it can to prevent others. But this Samaritan who was considered unclean by the religious, comes and pulls the man out of the pit, and dresses his wounds, which means squeezing out the dross. He gives the man food and water to promote life. He pours in all this stuff into the man's wounds. Then he binds the wounds so that the skin will form a protection. He took what had carried him through life (his own donkey or horse) and took him to a place of safety and protection. But the Samaritan didn't consider his deliverance over. He wanted to get the man to the end point. So he gave the inn keeper money, and told the inn keeper to take care of him, and if he ran up a bill, the Samaritan would take care of it on a return trip. THIS was a real deliverance ministry. This was a real deliverance. The religious heap the burdens of the cross or many crosses onto other people. The real deliverance ministries are like the "religiously unclean" Samaritan. When the religious leaders of Jesus' day came to him and asked him on what authority he did his good works, Jesus told them a story."But what do you think? A man had two sons, and he came to the first and said, 'Son, go, work today in my vineyard.' He answered and said, 'I will not,' but afterward he regretted it and went. 'Then he came to the second and said likewise. And he answered and said, 'I go, sir,' but he did not go. Which of the two did the will of his father?" They said to Him, "The first." Jesus said to them, "Assuredly, I say to you that tax collectors and harlots enter the kingdom of God before you." Today, we have a

entire class of professional ministers (master pastors) who are ministered to by their congregations. They consider the idea of stopping to bandage up the unclean to be repulsive. The broken souls of the programmed multiples are those who Christ came to deliver. He came to set the captives free. The deliverance ministry will visit those who are in the prisons created by mind-control programming, they will give food and water to those in these "prisons" and liberate them. Deliverance is love in action. The oil and wine that the Samaritan put on the man's wounds are symbolic of the power & authority of God that we minister to people. They are also symbolic of the grace and truth. Another parallel meaning to the oil & wine is the anointing and the new life that are given to those that the world has left for dead in the gutter. Deliverance is a restoration. The goal of the restoration is new life, the ultimate goal of deliverance is the ultimate new life in Christ. The new life in Christ is when Christ is on the throne in a person's life. That is a distant goal for some programmed multiples. However, we must not elevate the process above the goal. In deliverance ministries today, many of them have elevated the process above the goal. We must keep the authority of Christ as the number one issue, and keep beholding him as an example to us. As the correct foundation is built, a godly structure based upon the His five attributes comes into being. (See the article on "Protection, Spiritual") then the lower level demons can't handle the heat given off by the light of truth and they rise to the surface as dross and can be dealt with. The deeper big daddy demons are going to take a special deliverance similar to Christ's cleansing of the temple. When the Holy Spirit has a claim on someone's life, then a Temple cleansing may be in store. We must insure to lose good spirits to replace evil ones. The Children of Light do not negotiate with darkness. Darkness does not want to negotiate with light anyway. The Child of God walks in peace, because he is secure in who his Father is. This does

not mean that he tempts God by bungy jumping every situation. It means that he doesn't walk in fear, but that he takes with him the real keys to the Kingdom of God which are light, life and love. Love, light and life in their fullest meanings will open doors to riches that the slave could never dream of.

Deliverance is not a short term work. For a programmed multiple it will be a life of healing. When God continues to build his structure in you (see page 365), replacing the satanic structure, God will begin resting more of His glory within His structure. God's glory will expose and help cleanse the Temple. It will make the victim want to work hard to keep the Temple clean. Some people think that God simply wants to put His anointing onto people. He is trying to build His structure within His willing children. After that structure (His nature and character is built) then the anointing has a place to rest. Prayer, which is based upon the five elements of God's structure, is like an offensive lance. The armor of God listed in Ephesians 6 includes 6 items. It does not mention anything that is clearly offensive. Prayer is offensive and aggressive in nature. It is seeking that which we do not have. Prayer can deliver a wound into the enemy through which supernatural love can be poured in to melt the hard spots that Satan has created. One of the five elements of God's structure is life, which means growth. The healing victim if they are alive must keep growing, because that is the nature of life. The Word says that God's Kingdom will always increase. We go from glory to glory. We grow up and grow up and grow up. If we stop growing, we can rest in God, but if we are not resting in Him or growing, then we are in a death process. We are to occupy until the Lord comes. While we occupy the land, God comes and builds His structures within us. What gives life to the victim of mind-control? There are various approaches to demons. Some say that they are only

psychological illusions, they pass by on the road to Jerico. Some say that although demons exist, they are rare, so it is not likely that the victim has a serious problem. They pass by too on the road to Jerico. Others pass by and say, "I'll pray for you." Others shout the name of Jesus and pass on. Others use their psychic abilities to notice from a distance what the demons are. In other words, they identify the problem, but pass by expecting that a few words will bind up the half-dead man. The other approaches are various ideas on how to help the man in the ditch. What we have been trying to do, is give people an idea on how half-dead people can be mended. This is somewhat of a spiritual first-aid class. There will be situations that people will need our help in deliverance. They simply can't mend their own wounds, nor even see them to clean them. Deliverance prayers and supplications can be made that God would enlighten the victim, that God's angels would provide protection, and that evil spirits would be contained or kept away. Because demons are in ranks and in hierarchal structures, it makes sense to try to go to the top to do business. The ranking demon may be asked on what spiritual grounds he has a right to be present. The legal right for that demon can be confessed and removed. Long story made short, demons must submit to the authority of Jesus Christ of Nazareth and His blood. If the deliverance minister walks in that authority, he can command that demon to leave. The response by demons when commanded to leave is varied. They will play many tricks to try and stay or to try and protect their leaders. Followup is important and the goal is a complete cleansing. If you are going toward the rest room, to take two steps in that direction is just not going to do the job. Go all the way. Keep praying and commanding and confessing. Having a prayer group in support helps. With victims of mind-control we are dealing with big daddy demons that the normal person has not had

to deal with. The Illuminati programmed multiples are the pride of Satan. They don't surrender easily.

DENIAL, identifying and dealing with defense mechanisms

Part of the reason that the Monarch trauma-based mind-control's programming is successful is because the mind will naturally defend itself against threatening ideas. This defense is usually on a subconscious level—that is, people often do not even realize that the mind is putting up defenses. This is because the human mind is SO GOOD at defending itself. If our minds were to allow us to realize our minds defend themselves from something—then that would in itself indicate that what is being denied was real—so even the denial is denied! Denial is a natural part of the mind's abilities. However, denial can often prevent us from moving forward and facing the issues we actually need to face. There are several forms of denial and we need to identify and recognize these forms in order to identify and recognize these forms in ourselves. I will now list some of the kinds (forms) of denial that a person can have.

- **SIMPLE DENIAL:** Pretending that something does not exist when it really does, for instance ignoring & discounting physical symptoms that may indicate the presence of problems. (For instance, the host personality of a programmed multiple will destroy evidence of the existence of any other alter.)
- **MINIMIZING:** Being willing to acknowledge a problem, but unwilling to see its severity. (For instance, the front alters will acknowledge their ways some past abuse, but they will minimize the extent of the abuse, and they will not acknowledge that the abuse is ongoing.)
- **BLAMING:** putting the blame on someone else for causing the problem; the behavior is not denied, but its cause is someone else's fault. (Examples, are blaming one's parents for your adult behavior, blaming one's husband or

wife for one's overeating. In terms of programming, an example would be that some alters perceive that other alters are the cause of their problems, but that they are just fine.) · EXCUSING: Offering excuses, alibis, justifications and other explanations for our own or other's behavior. For instance, calling the boss for a friend and telling the boss the person is sick when they are really drunk. (This is a built in mechanism of the mind-control. For instance, an assassination alter will be told that the target they killed deserved to die.) · GENERALIZING: Dealing with problems on a general level, but avoiding personal and emotional awareness of the situation or conditions. Example is when we might sympathize with a friend's "flu" problems when the real problem is a drug problem. (Some alters tell the therapist, "I'm not in therapy, the other alter is in therapy." The problem of mind-control is not being addressed as mind-control, the real issue is being disavowed. Some therapists contribute to this because they don't understand the dynamics of mind-control, and they mistakingly think that their client is the host alter. They are failing to see the bigger picture.) · DODGING: Changing the subject to avoid threatening topics, this includes being adept at small talk, never getting to real issues. (Alters love to talk about non-threatening issues with their therapists, as great deal of busy work can take place without much progress.) · ATTACKING: Becoming angry and irritable when reference is made to the existing condition, thus avoiding the issue. This includes being unwilling to share one's feelings.

ALL OF US NEED TO SCRUTINIZE OURSELVES-WHAT TYPES OF DENIAL TO WE PRACTICE TO PROTECT OURSELVES FROM WHAT IS PERCEIVED AS PAINFUL??

Children and even adults will perceive certain new foods as dangerous and painful. They will do anything and make any excuse not to eat what they don't want to. At times there

are legitimate concerns, but in general what is perceived as threatening is not. If the child ate his broccoli or his peas he would in fact be getting better nutrition. Denial seems to protect us—but often it protects us from what we really need to deal with.

DREAMWORK, understanding

We believe that this section may present the reader with the best look into programmed M P D (D I D) and dreams that has been published. This Dream Work section will be divided up into the following subtopics:

· Part A: The Meaning of Dreams · Part B. Dream Telepathy & M P D · Part C. A Listing of Research into M P D (D I D) & Dreams · Part D. Important Findings of M P D (D I D) Dream Research · Part B. Our suggestions concerning M P D Dream Work · Part F. Standard Illuminati Programming concerning dreams & memories

Part A. The Meaning of Dreams

Everyone dreams, and many people are fascinated in dreams, the difficult part is what do individual dreams mean? In a biblical study that our co-author Fritz made of the entire Word of God to determine how God communicates with mankind, he found that in an overwhelming percentage of cases, Almighty God used dreams to communicate to mankind. Joseph and Daniel got recognition by interpreting dreams (called oneicromancy) correctly. Joseph interpreted the Pharaoh's dream about seven years of plenty and seven years of famine. On a stone tablet in front of the Great Sphinx, another Pharaoh, Thutmes IV, records a dream he received that his reign would be long and fruitful. This was one of what the ancient Egyptians called "divine dreams from the gods". On the flip

side of things, the rational thinkers of the 18th century claimed that dreams were only the result of indigestion or cold drafts, and were meaningless. Obviously, not all dreams are a message from God, nor are they all simply the result of poor indigestion of pizza. or an open window at night. The priesthods of the ancient mystery religions began research into dreams and began using them in various capacities. In the healing temple of ~Esclepius, the priesthood would place sick people on a couch in the temple, and would instruct them that a god would give them in a dream the remedy for their illness. The suggestion that the dreamer would learn of his health problem in his dream often worked. Modern researchers would not blame any particular god for this being successful, they would interpret it as the unconscious mind releasing information about the body that wouldn't normally surface in the waking conscious mind. This ancient practice is similar to modern researchers who have had great success in placing hypnotic commands into people (where the subjects were told not to remember the command) to dream about particular things, with the result that then the researchers have observed that the subjects do indeed create dreams about the suggested subject matter. The resulting dreams are about the suggested matter according to the subject's mind's own tastes. It's been documented that people who have suffered traumas, such as refugees, soldiers, and victims of SRA have nightmares that are a direct result of their traumas. Some therapists do dream work with refugees, post-traumatic stress disorder and DID clients. When multiples get memories that surface as dreams, these dreams repeat themselves and they leave the victim with profound feelings, often the strong sense of depersonalization. Several therapists/researchers (see Cushway & Sewell, 1992 and others) have discovered that nightmares can be used as a key indicator of PTSD (which is a problem that

DID victims face.) (Non-multiples, of course, also at times experience auto-biographical dreams.) One dream researcher (Wunder, 1993) discovered that siblings of disabled children had many common themes in their dreams, including the desire to be a type of “saviort, dreams of guilt that they were normal, the idea that something or someone (such as a fairy godmother) would change things, and sorrow about their siblings disability. Programmed multiples are also going to have dreams surface that relate to inner concerns.

Yes, the imagery of our nightmares and dreams do have relevant information about our deep concerns. The high frequency of nightmares has been directly shown to be linked to unpleasant life experiences, especially recent ones. Common sense would teach us many of these things, but it helps that people have validated these in studies, so that some of these things go beyond the realm of opinion.

Part B. Dream Telepathy & M P D

Psychiatric journals have been publishing for several years documented, authentic, scientific, controlled experiments where telepathic messages have been sent to and received by people in the dream state. On the one hand, while most people believe these kinds of things happen, they will also generally, when asked if such things happen, say that they do not believe they happen. This is because there is a strong scientific-cultural bias against the fact of telepathic messages occurring in the dream state. Common scientific awareness hasn't caught up to both common sense and specific research into telepathic dreams. The natural response designed to protect those with “politically correct views” is to ask, “How does one distinguish between a telepathic dream and a lucky coincidence considering the numbers of dreams sent?” “At what point does one realize

that a dream is not mere coincidence?" These are legitimate questions, and there has been legitimate research which has legitimately answered them. The original scientific work in this area was done by the British Society for Psychical Research, who did most of their work with the elite British aristocracy beginning in the 1880's. Their initial findings were written up in *Phantasms of the Living*. Since then, a great deal more research has been completed. The two types of telepathic dreams that are quite frequently experienced are death messages and in-trouble messages. Some of the documented cases of telepathic messages between total strangers are absolutely amazing. While the public is still debating the existence of such already scientifically proven phenomena, the Illuminati have been constructing telepathic and astral projection capabilities into their hierarchy slaves. Whether the therapist is at a place to admit the existence of these phenomena or not, they will have to face the fact that deeper hierarchy alters believe they have these capabilities, & they will resist treatment and resist the success of therapy because they believe they are still participating fully with the Illuminati cult during sleeping hours. Nor will the therapist make significant progress by trying to debunk these capabilities, when these alters have personal experiences of having learned and travelled to rituals on the astral plane. A beginning point for therapists to learn about Dream Telepathy would be the book *Dream Telepathy* by Montague Ullman, M.D., Stanley Krippner, Ph.D. and Alan Vaughan.

Part C. A Listing of Research into M P D (D I D) & Dreams

Because the potential benefits through dream therapy are great and still to be discovered, this section is covering the topic in greater depth than some of the other topics. For those who want to check the professional literature

concerning dreams and their relationship with MPD (DID) we provide the following list:

Franklin, J. (1990). "Dreamlike thought and dream mode processes in the formation of personalities in MPD." *Dissociation*, 3(2), pages 70-80

Gabel, S. (1989) "Dreams as a possible reflection of a dissociated self-monitoring system." *Journal of Nervous and Mental Disease*, 177, pages 560-568.

Gabel, S. (1990). "Dreams and dissociation theory: Speculations on beneficial aspects of their linkage." *Dissociation*, 3(1), pages 38-47

Leviton, H.L. (1967) "Depersonalization and the dream." *Psychoanalytic Quarterly*, 36, pages 157-171.

Marmer, S.S. (1980) "The dream in dissociative states." In J.M. Natterson (ed.), *The dream in clinical practice* (pp. 163-175). NY: Jason Aronson.

Myers, W.A. (1976). "Imaginary companions, fantasy twins, mirror dreams and depersonalization." *Psychoanalytic Quarterly*, 45, pages 503-524.

Peterson, E., Gooch, N.L., & Freeman, L. *Nightmare*. NY: Richardson & Steirman, 1987.

Sidis, B. (1918) "A Clinical study of a dream personality." *Journal of Abnormal Psychology*, 13, pages 137-157.

Ullman, M. (1989). "Commentary: Dreams as a possible reflection of a dissociated self-monitoring system." *Journal of Nervous and Mental Disease*, 177, pages 569-571.

Part D. Important Findings of M P D (D I D) Dream Research

One study (Hartman, 1984) showed that people who normally have recurrent nightmares have more permeable mental boundaries between fantasy and reality, and are confused in their self-image. This principle would certainly apply to people with DID. Cernovsky (1988) did research into the dreams of those who suffer from Post-Traumatic Stress syndrome. And Jeans (1976), Gabel (1989, 1990), Marmer (1980), and Salley (1988) did research into dreams and therapy of MPD clients. Worthy of comment here, is that Gabel was exploring the dreams of DID clients as repressed memories. Not only does this make common sense, but as an Illuminati programmer, our alters who were programmers were very aware that memories can surface as dreams. We were taught to make sure that the victim's mind was properly prepared so that it would not allow trauma and memory to surface in dreams. We will discuss indepth the mind-control programming in this area later in this article. Another therapist/researcher who did a great deal of work with dreams to help D I D (M P D) clients was S.S. Marmer. He was able to help alters understand how their systems were built by using dream therapy, and was able to use dream content to help break down the dissociation. He believed that each alter is able to create its own dreams separately from other alters. Dr. Frank Putnam found that he was able to get valuable information from the dreams of his multiples that he couldn't get from hypnosis and hypnosis-with-the-affect-bridge. Putnam discovered that the repressed memories surfacing as dreams were so traumatic that his clients were dissociating the dreams. This author (Cisco), as a recovering multiple, has personally experienced this. Also we have discovered that fragments of the dissociated dream may linger, and these fragments may be helpful to

go back and recover more of the memory. We also discovered that it is helpful to have a support person record and relate what the system is screaming during sleep, or saying during their sleep so that the memory is not lost. Putnam states, "When listening to this [M P D dream] material, I treat it as a dissociative experience similar to, for example, an out-of-body experience. The details and setting of these repetitive traumatic nightmares seem to be more clearly based on actual settings than are most dreamscapes and can often be used to determine what age the person was and where he or she was when the trauma occurred. One can search the personality system for alters who were created during this time period in the patient's life. The postdream residual effects are also important and can be used as a starting point for affect bridge work. MPD patients seem to be more willing to share and work with dream material than with other forms of memory for trauma." (Diagnosis & Treatment of Multiple Personality Disorder, p. 202) Oaklander, who used work with dreams to assist therapy, wrote, "In general, dreams serve a variety of functions for children. They may be an expression of anxiety-things that worry them. They may express feelings that children feel unable to express in real life. [bold added] They may depict wishes, wants, needs, fantasies, questions and curiosities, attitudes. The dream can be an indication of a general stance or feeling about life. It may be a way of working through feelings and experiences - situations that children are unable to deal with directly and openly." (1969, p. 150) Therapists have been using dreamwork (dreams) as a source of information that helps them to understand how the victim is processing horrible experiences, problem-solving, and adjusting to changing personal and social circumstances in life. An example of how dreams relate to these things, is Zaya's study in 1988 that showed that expectant fathers went through three stages of dream content in anticipation of their new child.

Here was a good example of the unconscious preoccupation of fathers toward the new child expressing itself symbolically in their dreamscapes.

Part E. Our suggestions concerning MPD Dream Work

The therapist is going to have to differentiate between symbolic meanings (for example a dream image of a “broken egg in a nest” which in one case represented a situation of family violence), and actual memories coming to the surface. The therapist is in a position of helping the victim move from making “no sense” of a dream to a place that it “makes sense”. The type of questions that may be helpful would include, “how did you feel when...?” or, “how do you feel now about...?”, or “what color was...?” or, “have you considered how such-and-such might relate to such-and-such in your daytime life?” The therapist is facilitating the victim in discovering possible avenues of enquiry. For instance, in a dream having a baby in it, the victim might be asked, “What do babies mean to you?” Although this type of exploration may seem slow, when done by a skilled therapist some valuable work can occur. It may also be possible to influence victims to become more lucid dreamers. Lucid dreaming is when a person is conscious that they are dreaming & asleep, while still in the REM sleep state. Unfortunately, the current vocabulary of words are unsuitably very primitive for discussing different altered states of consciousness & unconscious mental activity. “Awake”, “asleep” & “dream” are very crude terms to describe the various states that the mind can place itself in. A variety of techniques in training the mind while it is awake, have proven to result in changes in the remembrance and perception of dreams. While these are too extensive to try to cover here, there might be some possibilities to explore in this area for helping DID.

A mother while asleep will still have a mind that is scanning her external environment. She may sleep through her husband coming home from work, but wake up at the slightest noise from her baby. This type of behavior shows that the dreamer is still scanning his or her external environment. Most people do not have well-trained minds when it comes to states of consciousness.

Swami Rama, an expert in putting his body into different trance states, had worked with his various states of mind so well, that even during clinical studies while Swami Rama was in deepest sleep states (where people are “dead to the world”), he was still aware of everything going on in the room. Most multiples, because their mind is so traumatized and ever-vigilant, will never completely go to sleep, but will have an external alter awake in trance while the other alters go into a trance-sleep. The example of Billy Graham, a programmed multiple, who only sleeps in a zombie-trance state with his eyes open, was reported in the Vol 2 Formula book. Each time a slave goes to sleep, internal alters bring trauma memories to the sleeping alters as dreams, and condition the slave to fear sleep. Dreams may indicate that the part that holds a particular memory is ready to work on the memory that came up in the dream. REM sleep, the place where most dream occurs, is the most similar type of sleep in brain wave patterns to the waking brain. However, dreams that are carried out in the non-REM sleep phases have been discovered to be closer to reality than REM sleep dreams. This applies to everyone. Because the dreamer is still in contact with his environment, (granted that this contact is different than being awake), the dreamer can have his or her dream influenced by externals and internals. Gas on the stomach may be interpreted as a nightmare, internal bladder trouble may be dreamed about as a trip to the restroom, an alarm clock may be dreamed about as a church bell, the smell of smoke may cause one to

dream of a building exploding, and the smell of cologne may cause a dream of a perfume factory, etc. This is why listeners can identify with the joke about the dreamer who dreams he ate a giant marshmallow and wakes up missing his pillow. Many dreamers have the ability to dream about things that are suggested to them, such as in a hypnotic suggestion, before bed time. Victims of mind control can, if they want, via self-hypnotic statements suggest to themselves that they would like every dream that night to be about a particular theme. The mind will decide what it has that matches during their sleep that night the suggested theme, so this method is not going to contaminate the mind, it is simply telling the mind what mental files or associated mental files to allow to drift up from deep in the mind into the dream state. A support team member can repeat personal names during REM sleep, and this may trigger the mind to bring up some mental files that relate to that name. Again, because the mind is not in a conscious logical state, the relationship between the file and the name said may not be the typical type of relationship experienced during waking hours. For example, the name "Stan" said aloud to the dreamer might evoke a dream about stamps. Another possible method to elicit dream material for work is to trigger the system. The alter system can be triggered via movies or by going to particular settings where they were traumatized. The movies that trigger certain auto-biographical dreams may trigger the dreams in a way that only appear to have remote connections, but at the deeper levels of the mind are connected in some way by the mind. In other words, triggering by watching negatively-charged movies may be helpful to therapy, but the memory & feelings which are pulled to the surface (evoked) may be completely unexpected.

Part F. Standard Illuminati Programming concerning dreams & memories

The programmers put into place a system of alters whose function is to control memories. These alters are created from the purely logic side of the brain, and have been logically programmed, and tend to be perfectionists in their work. They have been programmed to see themselves as unicorns, pegasi (winged horses), and horses. We have touched on these horse alters in our Illustrated Guidebook and the Vol. 2 book, for instance, the Vol 2 book reports that JER 37:3 is used to put in the programming that if a certain boundary is crossed, the horses are activated to protect the system. The horses work at night when an alter system goes to bed. They dump their memories into the dream state for various purposes.

The base imagery to create the unicorns, Pegasi & horses is laid in with the film Fantasia (see Chapter 5). Later when the specific approx. 4-year-old alters are given their scripts, they choose alters who are heartless and purely logic to tell a script like the following one. A typical script for the horse alters during programming would be as follows: "Pegasi are handsome winged horses who graze in the treetops and have their home in the gourd. The gourd is an alternate world where black pearls store memories. Because the horses are magical they can fit their big selves into a tiny gourd. They are black and their eyes glow faintly. They are led by a stallion Trojan, who is also known as the Dark Horse, and who commands all the spirits who lack bodies. He rules the kingdom of dreams. It is the job of the night mares to carry the dreams that are made in the gourd to all the sleepers of the outside world who need them. The reason that the night mares give dreams to people is so they know what they have done that is bad. Night mares have no feelings. Those who gain feelings are soon no good

for their work. Souls with feelings are not able to be tough like the night mares must be. A night mare must be careful to frighten with the fewest possible images so that the dreamer will not think the dreams to be a common everyday thing. If they have trouble doing their jobs, if they get bored, then the night mares can let their little colts take over their jobs. Night mares can not speak out loud, but can make dreams of a nonfrightening nature to those who are awake, and to those who say what the night mare wishes to talk about. They only come when people are asleep. They can go through walls and solid things under the cover of darkness. The moon & the horses go together. Night mares must flee from the sun. They only are safe travelling at night. Each night mares' hoofprint is a the spot one sees on the moon. Those spots on the moon were named after each mare, such as Mare Imbrium, & Mare Crisis & Mare Frigoris. It is very bad to be seen by anyone when a mare delivers her dreams. The Mare Imbrium had to leap through a wall, and to become invisible. She had almost been caught. She must go home before the dawn comes. When she gets home she can relax all day until night comes again. Trojan reports to Mr. Moon & Mr. Green. When the messenger mare galloped up to Mare Imbrium she told her to report immediately to Trojan, who is a handsome, midnight black mare with enormous power. He is the smartest of horses. He rules the Powers of the Night. He was very impressive when the mare met him, & he told her how to do her job better. The difference between night mares and day mares is that night mares have no emotions & days mares do. The day mares have no bodies. Day mares have to work with shadows, & shadows are very strict that the sun shines so that the shadow can work. Day horses project dream visions to people, but these day dreams are not as powerful as the night dreams." The programmers give such alters names like Abaddon, Dark Horse, Mare Imbrium, Mare Nectaris, Night Mare, Night

Stallion, Pegasus and Trojan and other appropriate names for horses. These alters must report to the overseers, not the internal programmers. The overseers will be clones of the main external programmers. These horse alters carry all the memories. They are programmed to believe they have no souls (emotions), and that they can not speak (although they may “neigh” to the therapist and alters may hear the stomp of their hoofs behind them). These night mares carry the memories to other alters (which is their “dream duty”), and because they have no emotions (soul), they can be heartless in what they give and in what they must carry. Lacking emotions they carry the memories like a movie projector. They are really beasts of burden for the entire system. These beasts of burden are created early in the verbal stage. (Vol. 2 briefly reports about their creation.) The alters who see themselves as the primary abusers, who are overseers of the system will ride these horses. The horse for the front of the system has to be a gentler natured horse because they don’t want the front of the system finding out too much and they want the front of the system to be able to function. And now you understand the collage in our illustrated Guidebook to Monarch Mind Control Programming (1995), p. 68, where a White Horse and a Black Horse do battle over a grave yard. When we were trying to get our memories, a battle was raging with the horses as to how much memories we were to get. - (You’ll notice that a high percentage of our collages have horses in them. One example, on p. 54, is Alice riding a white horse. Another is our system’s two overseers Dr. Green & Dr. Black riding a fierce night mare on p. 38. The horses are attached to the computers, but they are neither good nor bad, they simply are beasts of burden carrying out their assigned tasks. They try to balance what they give the alters. When an alter goes into the dream state, the horses fill that dream state with a memory. Because the memory never gets attached to the original

emotions (affect), the horses can bring it night after night to terrorize the alters. If a horse gets too close to the memories that it brings, or entangled with the alters that it gives memories to, then the horse will lose its job, and another alter, perhaps a clean slate made from the horse itself, will take its job. Most alter systems will go into a trance like sleep between 12 and 4 in the morning. During this time a lot of mischief can happen. The internal programmers may be working hard to reprogram the system, or the handler has arranged a quick stop at the house to help with the reprogramming. Meanwhile most therapists have a rule that after 11 o'clock the client can't call. So during that time period when therapists are out of reach, is when the programming cults move in & do a lot of work. During the dream state, no one is really holding the body, and programs surface for contact alters to go "home" to "get fixed". The handler may be waiting in a sidestreet or back alley a block away. Flooding programs are released in the dream state. Flooding programs were created when a drug was given that takes down all the dissociative barriers, and the memory of this flooding trauma is then carried forward by a mare and given to the appropriate non-compliant alters to scare them into not wanting to go toward health. The reader has seen how the programmers take advantage of the dream state & control the dream state. The support team has to be alert from eleven p.m. to five a.m. for that is when most of the accessing mischief takes place. The support team has numerous ways that they can encourage the dream state to be productive, & they now know the alters who are responsible for turning those dream states into nightmares (pardon the pun.)

Validation is important especially at the early stages of therapy. Our experience, as well as many others who understand the dynamics of MPD, is that extended family members are NOT good sources of validation. If the

dynamics of abuse are understood in the context of families who abuse their MPD children, it will be clearly understood that extended family members will deny the truth, misrepresent or misinterpret past events, and may even be involved in trying to reprogram and reaccess the victim. Because some therapists attempt such validation, we feel it is important to issue a warning. Until recently, programmed multiples have lived in a world that was hostile to admitting their existence. They ran many risks from being exposed, & the trend has been for most therapists to deny the existence of mind-control. The victim has had so much fantasy structured into their mind that they don't know what to believe, but they do know that they feel safer if they could find some validation. It is not uncommon for some alters in a system to realize the MPD, while other alters hold out for more validation. Within in an alter system DENIAL is extremely strong. Denial has been a tool for survival. The mind does not want to believe the horrendous things that have happened to it. The mind wants to protect itself from these trauma memories—not admit them. As therapy progresses, the way the mind unravels itself, becomes a validation for the system. Alters may talk about things that are in their mind, which the therapist can point out are standard programming features, such as ruby slippers, a dollhouse & rainbow. Denial is a force that pulls the mind away from the truth. Validation gives the mind something external. Without that external place to land, it is hard for the mind to accept its own thoughts. In a sense, validation (ext. proof) brings a balance for the mind. The victim doesn't feel like he or she is standing alone. Something else agrees with them. Dates can be helpful for validation. Victims who have identical structures can be validating. Other SRA victims from the same coven or same team can be validating. Recent books showing how different alters have different PET brain scans, as well as changes in regional cerebral blood flow as

switches occur, have helped programmed DID's to trust that MPD (DID) even exists. Many churches are still denying its existence. At a certain point in the therapy, the mind has reached the top of the hill in its quest for reassurance from external proofs. At that point, the mind knows, and has acknowledged it to the point that that knowledge has become part of itself. The external programmers will not try to stop this awareness, because it is something that permeates the mind, even though some alters will remain in denial. However, admitting that the multiplicity exists, is still a long ways from proving to others that mind-control is being carried out on a wide-and big scale, and that the recovering victim was abused by many of the "finest" figures of the establishment. It is hard to see that programming, mind-control, and control of society exists UNTIL you swim against the stream. As long as someone is flowing with the river (the programming) the current is not perceived. Everything goes easy like running with the wind at your back. It is when you step out of line with the programming, when you step out of line with how society is programmed, do you feel the weight of the programming. When people are hired, their bosses hire them for how they think. And their boss's boss in turn hired them for the way they think in an approved fashion. Much of today's thinking is simply drifting with the stream of what is "politically correct." Try swimming against the tide, and you'll discover it is there!

