

DEEPER INSIGHTS INTO THE ILLUMINATI FORMULA by
Fritz Springmeier and Cisco Wheeler

PODCAST 28

HOW HELP COMES ABOUT FOR MIND CONTROL
VICTIMS

[continues]

TRAUMAS, FOUNDATIONAL TRAUMAS, How to master
understanding what has been done to your mind-controlled
client

An Olympic athlete wants to learn every detail about his sport he or she can. There is a fine line difference between success and failure, and each understanding we gain brings us closer to the expertise we want. There is a big difference between playing war or watching war on television and being on the front line. There is a big difference between hearing about the birthing process and giving birth to a child. There is a big difference between reading about an eskimo and being one. Numerous therapists have commented that they were totally unprepared by their training for the depth of horrors that their programmed DID (MPD) clients have experienced. How does one bridge the gap? Most mothers will tell you that you can read all the books you want on giving childbirth, but experiencing a childbirth as the mother is the only real teacher. This book (and our two previous books) have laid out the horrors of the programming for several reasons. One is to help you

get in touch with the victim you want to heal. While this book can not transmit the full depth of the horrors of trauma-based total mind-control, only a survivor of that trauma has the possibility of knowing—and in most cases it was too horrible even - for them to remember—this book (and particularly this section) can GIVE YOU THE UNDERSTANDING to prevent clumsy therapeutic mistakes that stem from a shallow understanding. One principle of success in life is to plan ahead. If a carpenter were going to take out a wall in your house, he would know how to use his tools, he would know what the wall was made of, HE WOULD SHORE UP THE REST OF THE HOUSE so it didn't all crumble when he took out that wall. Time and time again, programmed multiples find their therapists “experimenting” on them. In other words, the person whose hands they have placed their life into, doesn't know the tools, what the situation is, nor how to shore up the other parts of the house before they do major destruction on their programming structure. Many clients are irrevocably damaged. The last two decades of therapeutic work with programmed multiples is littered with the failures of “experiments”. We shouldn't make excuses for these failures, nor do we need to brood with guilt, life is full of failures; we simply need to come out of denial about the high percentage of failures, and make the corrections needed to succeed. Generally, the victim, who has been victimized by the experimenting is further victimized by being blamed for the experiment failing. So the therapist had best plan ahead, and this section is written to help the therapist do just that.

Two foundational pillars upon which the programming works is dissociation and fear. In order for the traumas to work they need to be as severe as possible. The worse the trauma, the better the dissociative walls needed for programming. These traumas are so severe that they

splinter the mind, they are not ordinary traumas. Such traumas are so severe that to describe them creates automatic denial mechanisms within the listener. In fact, most victims prefer to live in denial too, which is more comfortable. Going back to our carpenter analogy, there are issues that the carpenter must know about and other issues that aren't important. For instance, "is the insulation in the section of wall being pulled out good or not?" is not an important issue. Likewise, too much emphasis is put on whether the trauma memories were real or staged, or put in with hypnosis. Unfortunately, most of these disturbing memories are probably actually took place. But whether they took place exactly as remembered or not is not an important issue. The issue is that they exist as reality for the victim, and they need to be dealt with. We are dealing with the mind and its programming—that we can change, we can not change what historically happened. We must identify what the mind thinks and deal with that; and remind ourselves we are can not tamper with the past no matter how it happened. If the therapist has a hard time coming out of their denial, perhaps they are not suited for this work. The therapist needs to work with the reality of the memory in the mind—rather than trying to make a judgement call on what happened. There is a place for making historical judgement calls, but it is not the important issue in working with a victim. Those who have suffered the traumas know that others can not understand them. Only by living the birthing process does the mother fully know the experience. Only by being on the front lines does the soldier know the horror and stench of death. So the therapist is going to help the client work through repressed memories. These memories are like BOILS OF THE MIND. They rise from the subconscious to the conscious and then they are "lanced" so-to-speak so they can heal. The root of that boil is FEAR. When the trauma is embedded, it is covered over by love. This is intentional on

the part of the programmers. It creates the double binds that they are so famous for. REJECTION OF THE PERSON feeds the boil, that is rooted in FEAR and hidden by the DOUBLE-BIND OF THE PROGRAMMER'S LOVE. (If the reader feels unsure that he or she totally grasps this, no problem, it will be clearly explained as the reader progresses through this section.) The mind-controlled slave's mind is like a deep vault holding information and trauma memories. The victim's soul carries intense deep grieving, and their body carries body memories of trauma. The deep vault of the mind goes back to the traumas that took place before the child victim was verbal. The fears and dissociation which provide the foundation for the mind-control, were responses by the mind to PROTECT itself. Some Christians are trying to cast out alters as demons, when the fracturing and dissociation was a gift from God that allowed the victim not to lose their mind when faced with overwhelming trauma. The little child to protect itself from the threat and fear of death, the lies, the double-binds, the guilt, the shame, and the confusion of drug states guards its mind by building its structure of dissociation. When the therapist sees a structured DID (MPD), he/she should equate that with "intentionally done." At some point, the victim needs to see their structuring as something INTENTIONALLY DONE. It was an intentional crime against everything they were - an intentional crime upon their entire being, body, soul and spirit. A little child is born pure and clean. The betrayal of what that child was, is embedded deep in its thinking. No child can withstand the full impact that comes from realizing the extent of the betrayal of that child by humanity. After years of protecting itself by dissociation, there is no way that a programmed multiple can face the COMPLETE AND FULL IMPACT of a trauma memory without resplintering the mind. Before the dissociative wall is pulled out, the therapist needs to place in methods to allow

the victim to bring up memories without the full impact. Journalling, art work, mental television screens holding the memories at safe distances, etc. are some of the bracing equipment that successful therapists put into place to prevent the full impact of the memories. DEATH speaks to everyone. No one is an island to himself (themselves) when it comes to the subject of death. It is an undeniable fact of life, that most people try to stay in at least partial denial of. The MYSTERY OF DEATH reveals itself in many forms. The therapist needs to understand that he/she is facing multiple kinds of death. A study of Trauma-based mind-control could be renamed a study of Thanateros. In fact, the man reported to be the world's present-day best programmer has a degree in Thanateros. After experiencing several types of death, many victims of mind-control prefer death over the reality of life. Your job as a therapist is almost that of a resurrection. You must give life, where there is only death. This is why we believe that victims need life-giving godly people in their recovery. The mind-control victim may experience death in a grave. The victim may find it in a death, burial, and resurrection programming ritual. It may be experienced in the cages where the mind was split, it may be found in the isolation of a well or closet. It may be found when a child is setup to watch another child or pet that they identify with, and then be made to feel responsible for its death. Death may be for the godlike programmer to die, or for the programmer/master, to whom the victim is trauma-bonded, to turn his back on the victim and walk out of the room. Death may be to find oneself in a strange hospital room with white masked strangers and a strange doctor hurting you. When the important people in a child's life reject its life as important-howls the child to value itself. It is taught to value only that life that the master gives. The therapist needs to show the victim the value of life, so the victims will want to take back what was devalued by the programmers. Death brings

GRIEF. The survivor is dealing with different kinds of death which are shrouded in mystery. The therapist is not dealing with normal grief. The therapist will be dealing with overwhelming grief when the memories are birthed. The programmer has worked to take the child victim to a place beyond restitution. He has also built in a base of fear with layers of fear, shame, guilt and grief. The therapist can save herself and the client difficulties if the client isn't put onto the defensive. Don't attack what the client is saying and make the client's parts defend what they are saying. This will only result in them avoiding the issue. Whether the therapist agrees or disagrees, a judgmental attitude will insure that the deeper alters will go into hiding. They will close up tight, and these alters will take the path of least resistance and they will stay silent. Silence is what their programming is demanding that they do. And the programming will feel safer than challenging both the therapist's skepticism and the protective suicide/confusion programs that will trigger when they talk. The programmers have programmed many alters to believe no one would listen to them, and a skeptical therapist reinforces that programmed conviction. If the therapist can begin to understand that the hours of programming traumas ran into days, and the days ran into weeks, and the weeks ran into months, and the months ran into years, they will begin to get a sense of how the programming has been layered in. It took lots of hours and money to put it in. It's going to take the client and support team as long or longer to deal with the issues and to resolve them. To hurry is not better. The therapist and the victim will have repeated problems with denial. The therapist will have to accept and work with the victim where they are at. Neither the victim nor the therapist will want to believe that trauma-based mind-control has taken place, but both need to accept where they are and where the therapy is going. That's the reality of life. The survivor of the mind-control will run

basically two tracks. During Illuminati programming these are referred to as the right hand path and the left hand path. The left hand path is the path of the satanic cult, and the right hand path is the outside world, which has been portrayed in the worst way by the programmers. The mind of a trauma-based mind-controlled slave will naturally think about the thoughts that have been repeatedly drilled into its mind, via all kinds of programming methods and reinforcements. The mind-control is basically a type of death—the human has died and a robot has replaced it. Humans were designed to have meaning and purpose in life—not to follow orders without purpose or direction. The programmers use fear of death to motivate the slave, but fear is based on death, not life. Fear does not give true life. However, the human spirit is almost impossible for the programmers to kill. If they do break the human spirit, they risk eventually losing the slave to apathetically losing interest in life. The human spirit will fight to live and breathe. It will fight to overcome what it doesn't understand. It will fight to live and to have a life of meaning. It is important for the support team and therapist not to underestimate the power of either of these two tracks. The programming is extremely powerful. And surprisingly the human spirit is extremely powerful. What results is an extremely intense, overwhelming tug-of-war. The client's actions will not coincide with a single plan. The client's actions will lack harmony. One minute they may sabotage therapy, the next they may give a key to help unlock the programming. (Because this author lived through being programmed, and in turn learning to program others, I am in the unusual place to understand the consequences of the various types of programming situations that victims are subjected to. I hope to take what Satan meant for evil, and use this knowledge for the benefit of humanity. Please allow me to share some my insights.) An example of one of the standard programming traumas

will provide many lessons about the nature of programming and deprogramming. By going over just this one example, it is hoped that the mechanisms that drive the programming will be exposed, and that the therapist will see how to curb the power of the programming trauma. This programming trauma is based upon Genesis 37 in the Bible. In this Bible chapter the patriarch Israel loves his son Joseph best. He makes for him a coat of many colors (vs. 3), but this special act of love causes his brothers to become jealous. His brothers then strip him of his coat of colors and throw him in a well which had no water. The Illuminati like to carry out this standard programming trauma when the victim is three years of age. They will place a coat of many colors on the child, but this is to familiar the child with programming colors. Their robe is not described as a robe of pride, but a robe of shame, and the child is told "you're bad", "look at what you did" and is rejected by a group of people and made to feel alone and shamed. Once the child has been clearly rejected by the group carrying out the programming, then it is lowered into a very deep well. They are trying to build a foundation of guilt and fear for the programming. The well is deep and either hot or cold. A lid is placed over the well and the child is left in isolation after being shamed and made to feel guilty. Occasionally the group may throw down body parts and feces, urinate, and make noises from the top of the well to continue the shame and rejection. For three days the child is left in the well totally naked. The programmers want to make sure the child feels no worth and rejected by mankind. It is important that the child feels alone and stripped. That isolation from mankind, will help insure the programming isn't tampered with. It helps insure that the child won't develop self-value. The well experience teaches the child FEAR and that IT IS ALONE. The child feels the fear of being alone. It knows that it is nothing except what the cult wants it to be. In fact, more specifically, it knows it has no

life nor value in life except what the programmer wants it to have. It has been stripped emotionally and physically. After tormenting the child for 3 days with no food and no water and occasional verbal abuse, the child is in shock and at a crisis point. The group raises the child up. At this point it is critical to the programming, that ONLY the programmer/handler be the person to bring the child out of the well and tend to its needs. The programmer will give the child water to quench its thirst and food to feed it. The programmer will pick up the infant and calm it. This programming experience is to build upon the traumas in the womb and the original fracturing (which is referred to as splitting the core) trauma. In other words, if we were to number the sequence of traumas we get, 1. womb traumas, 2. splitting the core trauma(s) 3. the well trauma. The coat of many colors-well trauma is very severe. Many children are lost during the trauma. Some children go inside and become autistic. A medical team is present so that the child is kept alive when it is brought to the surface. The child will be in what is called a vegetable state when it is retrieved. After the programmer gets the child to the surface and calmed, the child will be nurtured by its mother or mothers-of-darkness. The child will be left alone after the well trauma for 3 to 6 months. The child needs this time before it is tampered with. After it has recuperated, the programming team will begin working with the child. They will build a chronology of how it felt during the entire sequence. This chronology will define for the programming the sequence of dissociation, so that the programmers can identify what types of pieces the mind has developed out of the experience. Those different dissociative pieces each have different characteristics, and those characteristics will be important to determine what that dissociative piece will be used for. For instance, if the child spends some time in fantasy that it's parent really loves it even though the reality of the well experience contradicts that fantasy-those

parts of the mind can be used to build alters whose love is based on fantasy. It is difficult if not practically impossible to dissuade these alters that their love does not line up with reality because the foundation is a trauma where this part of the mind survived on fantasy. It is also important for the therapist to realize that often the Illuminati (or other cult involved with the programming) will separate out the parts of the mind from the splitting the core trauma (remember this core trauma often includes a rape by Satan/& a rejection by someone pretending to be God, i.e. a black mass), and make sure the pure positive parts of the mind are put to sleep via drugs and hypnosis before the well trauma. When the mind (the core) was split part of the mind remained positive and in love with the Lord. That is the part that is the most dissociated from the trauma. That part is preserved and usually not subjected to the well trauma because they want it to develop into the Christian front. It will experience only the original shattering of the core trauma, and then in some cases be left basically trauma-free. They realize that once this part is indoctrinated into Christian doctrine it will be almost impossible for it to ever deal with the mind-control. That is because Christian doctrine from most mainline denominations will teach that part to forgive and forget the past. That part of the mind-which will be used to front the system will live in the pleasant atmosphere of Churchianity-where nothing un-nice is allowed in. It will not want to look at what has happened to other parts of the mind-because its attitude is forgive and forget and move on. Remember, this front part derived its separateness from the rest of the system precisely because it was the part of the mind that stayed in denial of the seriousness of the trauma, and held onto its polyanish thinking in spite of the overall reality of what happened. The mainline denominations will continue layering in teachings that will make it difficult for this front part to participate in freeing

the rest of the mind from bondage. This is why it is important for the churches first to realize what is going on when trauma-based total mind-control is carried out, and second how to divide the Word of God correctly so that people realize that the Bible's warning that a double-minded man is unstable in all that he does-needs to force the church to revise their teachings so that their teachings apply to the reality that encompasses programmed multiplicity and the healing of programmed-multiplicity. Now that the three trauma periods have taken place (fetus, core split, and well trauma) and a recuperating period of time has occurred, the programming team can begin structuring. The structuring will involve "moving" parts around so that they are "positioned" to carry out their role in the grids and systems that are to be built. This is similar to how files in a computer can be move from directory to another without changing the file. When the programming and structuring begins, the child will be questioned so that the programmers know how the mind split during the trauma. The programmer will then take the child's parts deep into hypnosis and instruct them to forget the well experience. They are only to remember the good part of the experience-the worthwhile lesson that the programmer loved them. They are to forget everything except "YOU'LL NEVER FORGET HOW MUCH YOU WERE LOVED". The final split of the mind that was in fear will be found and developed into a protector. This part of the mind which lives in fear, will never allow the love part to remember. The FEAR parts are left intact with their fear, they will insure that the memory is dissociated. There is a point during the well trauma when the child's mind will fall asleep but continue splintering. When the child is sleeping the mind finds it difficult to discern whether its thoughts are dreams or real. Have you ever had a dream that was hard to separate from reality? The splintering during this period produces dissociative parts which can be used for

gatekeeper alters. Gatekeeper alters are often the most deceived and most programmed, and have difficulty knowing reality. This is because they have been built from this dream state during the well-trauma.

If the therapist has a very strong logical front alter, that alter can be used to provide a protection for the system. This alter can receive hypnotic alarms that will make the system angry if anyone tries to use codes on the system. This strong alter can also train his or her mind to have enormous thick concrete walls behind them, so that the rest of the system is blocked off from hearing anything through this alter. In this way, a system can be protected from a verbal access code. However, there are ways to get around such a defense. When alarm systems and blocking walls have protected a system, the Illuminati will physically abduct the victim, and take the victim to a nearby site where that strong alter will be “destroyed”-shattered by electro-shock and hypnosis and put out of commission. We suggest that if defensive mechanisms are put in, don't advertize this fact, because it only escalates the battle. The actual codes and triggers are generally buried deep in the subconscious, and the support team is going to have an extremely difficult time ever getting to any of these. We have tried to greatly help people out by publishing what we can in this area. Because the codes are buried so deep, it is really difficult to erase them from the mind. The mind is trained to switch automatically upon certain cues. Perhaps the most effective way to protect a victim of mind-control is to have a knowledgeable support person with the victim, 24 hours a day. The co-authors have heard a number of therapists say that having someone assisted 24 hours a day is impractical, and we reply that trying to free someone (mentally & physically) without 24 hour/day protection is impractical. There are prayer strategies and powerful prayers that can be made to receive supernatural help to

overcome the triggers. There is certainly power in prayer, we have seen this first hand. Over time some of the codes can lose their power through desensitization. It always helps when alters are aware of what the codes are so they can be alert to them. But the power of the codes should not be underestimated, and to tell someone they are protected from the codes by prayer, is similar to telling soldiers that bullets can't hurt them because they have been prayed for. While we do not discount the power of prayer, we also recognize that prayer needs to be grounded in reality. If we pray for a house, we can imagine that the house has magically appeared, but that is not faith, that is merely self-deception. Some victims have been told incorrectly that codes will not work with their system anymore because they were prayed for. Who wouldn't want to believe this, and yet we feel compelled to warn people that in the case of programmed multiples, there are seldom easy answers. On the flip side, positive triggers can be put in, such as a cue word that will call up a helpful front alter in case the system and the therapist needs help. Sometimes this can simply be the alter's name.

As the alters of a victim of mind-control go through life, they will inadvertently trigger programming and memories. Initially, there will be fear around the activation of triggers. The novice therapist may think the victim is setting off triggers just for attention. Actually, that is not a major issue for therapists to worry about, even though on the outside it may appear to be an issue. However, it is true that a slave may be programmed to trigger their own programming as a macro-program goes off to get the slave to do things to activate so many triggers that the system self-destructs. It is no exaggeration to say that life is one big trigger for victims of Illuminati mind-control. The programmers have intentionally linked the external environment of the slave to their programming in order to

manipulate the external world into becoming one more reinforcement for the mind-control. The programming traumas have taken place over in so many different geographic locations for most slaves, under so many different circumstances and with so many different programming props that there is not much left in life that doesn't trigger emotions of fear and horror. After reading the Illustrated Guidebook, the Vol. 2 Formula book and now our Deeper Insights book, readers should be aware of why airplanes, animals, birthing issues, blood, caves, colors, crying by children, death issues, fire, foods, heights, holidays, insects, lightening, masks, occult paraphernalia, snakes, sounds, and harsh weather such as tornados, and zoos will trigger a recovering victim of mind-control. Phobias can be mentally linked to certain items, or may simply be free floating. For the victim to get in touch with their emotions is in itself very triggering. Any time the victim tries to touch things at a personal or emotional level, they will trigger him or her self. The harder the victim works, the more they trigger themselves and the more fragile they become. In working toward freedom, pain becomes gain. But the victim and the therapist are not going through the pain for sadistic reasons, but because part of the power of the mind-control is to separate pain the consequence of pain from the sources of pain. Trauma memories are so abundant that abreactions lurk in the background, ready to spring to life as the victim tries to go through live. When the victim tries to shower, eat a meal, or have a pet or visit with a little child, the alters may well abreact. The traumas and abreactions do weigh down a person, but many recovering victims, simply run two tracks, one for the world to see, and the other which is full of pain and confusion. This happens too frequently in therapy. It allows the therapist to fool him or her self that the victim is doing much better than is actually the case. Sometimes an alter can be put in charge of the body, while

the rest of the alters are busy trying to deal with all the pain and emotion that the trigger has generated. Only by gaining the trust and knowing how programmed DID's think, can the therapist begin to get a more accurate picture of how the slave has been triggered. Many therapists mistakingly think that if their client who is a programmed multiple will not experience victimization if they don't refer to themselves as "a victim". It is a fad to blame victims for their own victimization. The thinking goes like this: Somehow the person set himself up-&/or—it must have been bad karma. This is the pop psychology of the '80's and 90's, that is not grounded in reality. The origins of this thinking are also suspicious. This quack thinking reflects the human's mind's need to have things make sense. Many times life is senseless. Many times people suffer senselessly. They do not set themselves up as victims, and all the word games in the world aren't going to stop what going on. To pretend that the multiples that are coming into therapy are "survivors of abuse" is just one of many ways that the therapists deny that they are not dealing with the real issue, the client's safety—which is not something in the past, but the most important issue in the present. Therapists have most victims conditioned to call themselves "survivors". How many people on a ship that continues to sink call themselves a survivor? The pitiful health conditions that so many victims of ongoing mind-control have described to the two co-authors, and their desperate cries to have this ongoing abuse stopped make the word "survivor" a mockery of their ongoing desperate attempts to hold onto some kind of life. Every time the victim of mind-control accidentally triggers a trauma memory or programming they are being victimized by their past. Of course, some therapists and ministers have managed to hide the MPD, because they have mistakingly informed the victim that the MPD (DID) is the problem. The DID is NOT the problem—but abreacting trauma memories or trying to

prevent a suicide program from actually taking place is a major problem, and one that most survivors are going to have to deal with by themselves, because the triggering will take place so quick and frequently. The therapist needs to give the victim the mental and external resources to at least cope with these challenges. The greater the trauma, the greater the amnesia wall. When trauma memories break through those walls into awareness, the distress to the victim can be overwhelming. The victim will be frightened, ashamed, depressed, fearful, suicidal, and have feelings that they are going crazy. No patient is eager to discover that he/she has been violated by people they loved and trusted. The false memory people are not portraying the way the mind works to the public. The mind tries to protect itself, and it is inclined to deny harsh memories, rather than latching onto trauma memories because of some therapist's suggestion of abuse. Uncovering a victim's history, does not depend on a single memory. New memories are blended with old ones and new explanations for what has happened reconsidered, until a verifiable more accurate chronology begins to present itself. At the onset of therapy, if the victim doesn't know, the therapist can warn at the onset of therapy that hand gestures, hypnotic patterns, lights and codes words will trigger the subconscious mind of the victim. The field of what might be called "aromic therapy" is still in its infancy, but has great potential. The sensations of smells are closely linked with emotions in the mind. If a therapist is trying to trigger a particular memory and emotional content, smells associated with the memory will work better than anything to pull up the emotional content. This is because of the way smell is processed by the mind which first perceives it by the smell setting off a combination of "detection codes" in the olfactory bulb that are then relayed through the limbic system. The memories of smells are very closely attached to emotional memories. This only makes sense in a way,

because smells are used by a newborn child to identify its mother, they are used by lovers, and in other situations where the sense of smell plays an important role in our emotions toward something. The use of smells to trigger and to heal multiples is wide open for exploration.

We believe that we may have some new slants on the Issue of trust which might help both support teams and their client. In order for the therapist and support persons to work with a programmed multiple system they need to establish trust. This means that the programmed multiple's alter system not only feels the support person will be honest, but that they will protect the multiple physically and the multiple's confidentiality. It also means that the alters trust the abilities of the therapist to accomplish something positive. For some front alters, they simply need to see that the therapist/support person cares, is a kind person and has credentials or a history of working in this area. For deeper alters, trust is a demanding and complex substance that has to be won by lots of hard work, consistency, respect, proficiency, and availability by the therapist. Many of the deeper alters have never seen a person try to protect them before. Many of the little hurting alters have never had any one to tell their pain to. Many of the alters are convinced that no one can love them, that they destroy everyone they touch, and that they can't have a good relationship with any outsider. The therapist will have to prove these attitudes wrong, even in the face of the client carrying out actions to self-fulfill their expectations. This last paragraph was from the therapist's vantage point. On the other side of the healing process is the programmed slave. Once the therapist opens up their system, they will be processing memory 24 hours a day—even though the front alters may not know it. Once therapy opens up a system all kinds of things start coming unraveled. The host alter, who probably has been thinking (and generally

destroying all evidence to the contrary) that she/he is a single person, now has become a complex system of competing personalities. As the programming loses its power, more of the multiplicity appears. (Family members are often devastated, because they lose the person they knew for an entire tribe of personalities.) As the system tries to move against the programming, every step that would take a unit of mental energy for non-multiples is perhaps carried out only with 1,000 times the mental energy. Instead of one person changing his habits, you have an entire city or world that must be changed, and they must change in the face of overwhelming resistance from many others in the system as well as the programming and external threats. While trust seems to be an easy thing for the therapist, trust becomes one of the struggles that seems a no win. Many of the issues seem like no-win issues. Remember that the child victim initially resisted with all it had against being programmed, but at some point, the programmers broke the child and its resistance completely. That brokenness is a solid part of the child's thinking. The victim will fall back into that broken "its-a-no-win thinking" very easily. The programming leaves the victim's mind operating in a survival mode. This means that much of the survivor's thinking comes straight out of the first brain, the reptilian brain. The victim will try very hard to see what the therapist is trying to say, but before long, they find they have fallen back into the old way of thinking? Why? Let's say the therapist has worked on teaching the kitten alters that they are really not cats. Let's also say the therapist has worked hard on trust issues. Now all of a sudden the judge alters and the programmers apply pressure to the kitten alters, and before they realize it, they are seeing themselves as kittens and distrusting the therapist. They are saying to the therapist, "You're telling me I'm not a kitten, but I see myself as a kitten when I look in the mirror, and besides I don't want to be a human, because

humans get hurt.” What has happened? When the mind learns it builds K-lines. K-lines are like highways that connect many different things in the mind. K-Lines can connect cognitive demon processes, memory bits such as visual maps stored as a memory. K-Lines are what create a mental state of consciousness. A mental state is really nothing more than a K-line or interconnected series of K-lines. When a highway (K-line) is built in the mind, it is essentially permanent. It is similar to the Apian Way that leads to Rome. The same road that allowed the Roman legion to move its troops still is being used today. The same purported street that Christ walked on in Jerusalem is still in existence today. In fact some of the old stones from Roman times with the ancient Roman marks are still in place. The road on top of the Great Wall of China still is used in some places. However, if a road is not used, it can fall into disrepair and its use will be abandoned. Likewise, the mind never normally loses a K-line, they simply fall into disuse. By employing Behavior Modification in the most extreme forms, alters are trained during programming to develop particular K-lines. Those K-lines will never be gone. Just like an alcoholic will always have an ability to go back to being an alcoholic. What can be done, is to build new K-lines that get more use. Since most deprogrammer are not willing to subject their clients to the same behavior modification techniques (based on survival & fear) that the programmers used, they must resort to building new K-Lines in the higher brains. The programmer’s K-lines remain dormant in the reptilian brain, the new behaviors that are taught to the alters are attached to the higher brains. Now what happens when an alter feels threatened? When their survival is at stake, the reptilian brain shuts off the higher brains, and the mind searches around for a K-Line that it can use. Lo and behold, the mind finds the old K-line and reaccesses it. This is why safety of the slave is so important to have a chance to develop strong new K-lines.

When the victim reverts back to their old thinking, the victim will think that all has been lost, and that years of work have been lost. They may tell the therapist that they no longer trust the therapist and that years of work have gone down the drain. This is not so. The new positive K-lines are in the mind still. They will always be there. They simply need to be reaccessed and strengthened by use. When the survival instinct is triggered - "danger, danger" - no reassuring and no reasoning are going to break through, the mind under the control of the first brain is shutting down the higher thinking processes and putting its thinking energy into survival. Feelings are not facts, but the mind will be resistant to information that is coming in from the higher brains-unless it has been trained to let these higher thinking processes override survival instincts. This will help people understand why Jesus said that if you are not willing to mentally let go of the need to survive (your reptilian brain) and give your thinking to God (a higher conscious type thinking) you will not be able to have the spiritual walk needed to see God. (If you try to save your life, you will lose it. You must pick up your cross daily, that is sacrifice your survival instincts daily, and allow God to work His will in your life.) Christ also said that fear and trust are incompatible. He said that perfect love for God will cast out fear. In other words, a fearful person will have a hard time loving God. We must learn to conquer our fears by strengthening the higher brains (what people call higher levels of consciousness). The fifth brain processes concepts, works with abstract thoughts, and can pull up thoughts from various parts of the mind and do comparisons. The fifth brain is a reflecting meditating type of brain. It is capable of integrating many concepts together. In a sense it lives, it feeds off of thoughts. Marijuana triggers this brain. Guided drug trips in sensory deprivation tanks can be used to program this brain. The higher brains can develop dominance over the lower brains

to such a degree that the survival instinct can be overridden completely, cases in point, Jesus and his apostles allowed their own martyrdoms, the Anabaptists under Menno Simon's teachings on the Bible peacefully allowed their own deaths, and modern-day Christians under Bill Gothard's teachings in Uganda allowed themselves martyrdom under Idi Amin rather than fleeing. These were all deaths for a higher cause, not deaths from mind-control. An alter who suicides the system is acting under the confusion of behavior modification where it is acting under the programming lie that it is protecting the system from greater harm. This is simply a misguided survival instinct. What this means is that safety and trust are inseparable issues. If front alters trust a therapist who is not protecting their system from their mind-control abusers, then it shows that the front alters are dissociated from the ongoing abuse. The alters that are not dissociated from the ongoing abuse are probably the ones that are helping hold up the therapy! - Why don't they trust the therapist? The front alters trust the therapist? After reading this, the reader can see why the deeper ones don't have trust. If the system sees that there are higher concepts at stake, that they have a role to play in helping other victims, they may be able to override their fears with thoughts from higher brains. Trust is in part going to be established by building up the higher brains. This is why spiritual issues should not be neglected in helping a victim. The first brain can also be worked with by working with the body. The body memories of torture can be worked on to help work out some of the body tension that helps stimulate the strong survival danger signals. Massage and some types of rolfing or yoga might contribute to re-orienting the first brain. The first brain's thinking sometimes show up in body symptoms.

TRUTH, the discernment of

[For this section, we decided to let Fritz offer the reader some helpful hints about seeking and finding the truth. Then we'll add a few comments at the end. Fritz has a reason for approaching the subject as he does, so try reading through it first before judging it.]

Everybody has their own methods for figuring truth out. Some are finding it better than others. As with other things, there isn't one set way for determining truth. The procedures are going to vary from situation to situation, but there are certainly some useful tips that can be passed on from one truth seeker to another. Finding truth is not a matter of taste. One doesn't investigate the one-true god by deciding what god suits our tastes best - but lots of people do this anyway. As we set our personal criteria for what is truth, we will find others in disagreement with us. Ultimately, real truth is not something personal but something all truth seekers can agree upon. This is why Jesus Christ's words are so powerful, they are eternally truthful. They are as much truth as they were when they were spoken. Even though truth is not relative, but is an eternal objective truth, God has given us free choice and a mind with which to choose what we want to believe. Many have mistakingly considered one's religious views as a matter of taste, not a matter of truth. That is perhaps the first hurdle to correctly jump in the search for truth-Is this a matter of personal taste or is it a matter of truth. What I eat for breakfast is my choice, which of the foods is most beneficial for my body is a complex issue of truth. Because the Watchtower Society teaches that knowledge about God is an issue of truth not taste, the JW's believe that they can apply rational thought in their search for God. The Jehovah's Witnesses have a book Reasoning From the Scriptures. The idea behind the title is a good one. There is a place for reason and logic, but we must be careful to

place the Word of God as the foundation from which we reason. Unfortunately, that is not what the Jehovah's Witnesses do. They reason that the God in 3 persons is unreasonable, because there can't be both one God, and 3 Gods, so they reject the Triune nature of God, even though the Scriptures are very clear that the Father is God Almighty, Christ is God Almighty, and the Holy Spirit is God Almighty. Three persons, one God. Sometimes we don't have enough understanding to reason from. The concept of three persons in one supreme being seems outrageous at first, and yet that is exactly what MPD (DID) is. That is one reason some people can not except multiple personalities either. If we reason from our past understandings, we may not be able to adequately explain new phenomena. The parallels between MPD and what the Bible says about God are enormous, once a person really gets a handle on how MPD really functions within the mind. There are so many misconceptions about MPD, and misconceptions about the "Trinity" (the word doesn't appear in Scriptures), that this subject really needs a book in itself to explain the parallels. But the bottom line is that we believe what God has written to us, and then we reason from there. If God says He exists in three persons, we accept that and then reason from there. We don't reason away what God Almighty says. This is where so many of us get ourselves into trouble. The Pharisees were able to make the Word of God to have no effect, by thinking out things. Thinking doesn't always take us in the right direction even if it makes sense. This is probably why some people have rejected logic and reasoning in their Christian walk. Logic is a function of a clear mind. The Scriptures show godly men reasoning things out.

Being a reasonable person can be a good testimony for Christ. But we must always humbly bear in mind that our minds only have a small part of the facts and understanding

about the universe and life that exists. If I understand one-billionth of what can be known about my situation, I suppose I am fortunate. God understands so much more. If His Word states something that seems unreasonable—I would rather trust His Word, than my own feeble understanding. However, if I begin to have thoughts that are contrary to the Word of God, and contrary to how I normally think, then logic helps me realize that these are not my own thoughts—they are the thoughts of demons. This is an example of how reasoning from Scriptures can spare us from trouble. When we mentally review how we have obtained certain thought patterns, if we acquaint ourselves with how evil spirits influence a man's thinking via our actions opening up portals and strongholds, then we can logically separate out those thoughts that are from God and those thoughts that are from Satan. Most fears are ungodly, and they come from Satan's kingdom. Hope and faith come from God. Discouragement and depression are not given to us from God, they are given to us from our adversary Satan. There may be exceptions to this, but in most cases it is clear that Satan's kingdom is here to steal from us peace, hope, love and faith, and is here to give us hate, fear, and discouragement. We have to learn to be happy. We have to allow God to bring us peace. Logically, if you want a happy life, you must go to the Kingdom that wants to bring you peace, joy, love, and happiness. People look for happiness in the strangest places! Logic-and reasoning will tell you that Satan can't bring you happiness. Logic can be helpful to us in our Christian walk. Examples were given of how that is true. We must be cautious in how we use logic. Logic is not to be used to overturn the Word of God. None of us are brilliant enough to challenge God's Word. Logic & reasoning is how we protect what God has already taught us & placed into our hearts and consciences. As we gather information, we can take best advantage of that information if we separate the

chaff from the wheat. Is the person giving this information speaking in generalities, or is he speaking about an exception to the rule, or is he speaking about a specific case? When someone speaks about their private thoughts, how they love someone, or have heartburn, their thoughts are private, we must accept that we only can approximately understand exactly what they are feeling and thinking. When we witness a car accident with another person, our perspective of the accident is our own private perception of the event—BUT other people can also witness the event. The car accident is NOT a subjective event, even though there is some subjectivity in people's perception of it. The accident is not an idea it is an objective event. Modern philosophy has a hard time accepting this, even though it makes common sense. The events of that objective reality can be distorted or misreported and not reported in many different ways. However, the accident is an objective real event. More than one person can experience that reality. If we dream about an accident, then that is a concept. Concepts and what our judgement calls about what our senses have reported are two different things. We normally don't doubt what we apprehend. We normally do question the existence of what we mentally create (our ideas); that is until we come to someone who has been programmed and taught via behavior modification not to trust their own senses. The programmed slave loses the ability to discern what is a concept, merely an idea the brain has imagined, and what is actually something that has an external reality and has been apprehended. Hallucinations will mask themselves as perceptions, when they are not perceptions at all. Further, they are very

suggestible. They have shut down their critical thinking and have an unconscious agreement with the programmer that whatever he says is truth. The movie/book 1984 which was written many years ago describes a time when society

as a whole was under the mind-control of Big Brother. When the main character steps out of line, he is reprogrammed, by torture. The goal of the programming was to get this thought-offender to accept whatever truth the programmer wanted from him. The programmer wanted him to get to the point that when the programmer held up 4 fingers, the man didn't know what he saw, but if the programmer said that the 4 fingers were 5, then the victim would actually see 5. This is exactly where the programmers get their victims, and is part of the reason they no longer can trust their own senses. Can several people have a simultaneous hallucination? Yes, and during the programming and during the life of the mind-controlled victim, hallucinations that are experienced by several people are a fake perception that is even more difficult to reject because our normal basis for deciding if something is an external reality that is being apprehended, versus our own imagination, is that other people can also see (or experience) it. When several other people experience something, that is a common test that the event happened in reality. (This is the concept of having several witnesses.) However, witnesses can be mistaken. The victim of mind-control must be given more than a Bible - "Here, take this, this is the truth." The victim of mind-control must take back what was stripped of them. They must learn to have that critical facility that has been stripped from them-the ability to ask is this an external reality that everyone can experience, or is this a perception, or a grand illusion that several people are only thinking.

Today, it is a fad to say everything is subjective. It is not. There is a reality. Our memories may or may not correspond to something that did exist. Memories can be perceptions and imaginations also, that mask themselves as experiences just like our hallucinations can. We can be skeptical about whether we have a concept in our mind that

corresponds to what others could experience, or whether it is an imagination. But we can not accurately be skeptical of the existence of reality and truth. Since total skepticism of the existence of reality is self-defeating, the occultists have charged off in the other extreme, an equally wrong direction, and declared that if the mind has an idea, the idea must be attached to some reality, even if that reality is actually another magical sphere somewhere. This turns all fictions, visualizations, dreams, imaginations into some mystical perception of some supposed alternate reality. The truth is that these “magical realms” are shared hallucinations. No matter how many people have the same hallucination, that does not make that hallucination become a representation of some external reality. Reality is the world we live in together. The programmed multiple lives in their own private worlds. The therapist may have to enter that private world and bring the person back to the external world that humanity lives in together. If there is anything that highlights the differences between the external world of reality and the internal world of hallucination it is programmed multiplicity. Because the differences are obvious for the slave, there is no reason why they can't return to the world of reality. The problem that lies for some non-multiples (especially some psychotics, but for many people in general) is that they can't see the two tracks, they can't see the two worlds. I have seen Americans watching soap operas, sitcoms, and other shows, and then tell me that the shows are real events, and no argument would dissuade them. In fact, the philosophers Locke and Descartes both shared the same problem, even as philosophers they could not see the difference between external reality that is apprehended by our senses, and our own

head-trips. As our senses gather in their sensory input, our minds go into gear to compare what they are sensing to

what the mind has cataloged already. In other words, the mind is trying to make sense of what it is receiving. This is why we can “talk over someone’s head” or why I say that the common American has no frame of reference (& no world-view) to hang my information on. If we are unable to compare what we are sensing to anything else, it is unintelligible to us. So learning is a building process, of comparing and building bridges from one item to the next. Our minds are masters at seeing relationships, but it still has to be a building process—whether the process is quick or slow. Some people want to jump over necessary steps of the building process, and read advanced level material before they are ready for it. That is one reason this book should only be read after a certain level of understanding is achieved. Detecting what is going on in the environment around a person is only part of what the human mind can do. It can also anticipate, plan, think, imagine, calculate, etc. The senses play only a limited role in our thinking. Sometimes we need to use common sense and realize a thought is merely a thought, and nothing else. Just because the thought develops in our mind, doesn’t mean there is any external reality to it. Feelings are not facts. Recovering victims of mind-control should remind themselves of this one frequently, feelings are not facts. On the flip side, there are certain phenomena in life which demand explanations, such as how did an extremely well-designed incredibly complex system of life as well as an incredible planet come into being? This is a fundamental question of reality. Although the answer “There was an Almighty Creator” calls for us to employ our imagination to visualize what we can’t see, that doesn’t subtract from God being an external reality. Something is not negated in its existence just because we can imagine it, or haven’t experienced it yet. Jesus in a sense argued for the existence of the Holy Spirit, by saying it was something not seen and yet it was something experienced and something that created

tangible results like the wind blowing through the trees. He was essentially saying, yes, the Holy Spirit (Holy Ghost) is real. Aleister Crowley, a self-made satanist who revealed much more about the occult world than the Illuminati families would have done, based his Thelamic law, "Do what thou wilt, is the whole of the law" upon the underlying idea that pleasure is good. Common sense will teach people that pleasure and good are not equal. This philosophy is hedonism, and leads to self-destruction, which is what Crowley's philosophy did to himself and others around him. Where this philosophy goes astray, is that Wisdom is good, but may not be obtained through simply pleasure. We may be pleased when we obtain Wisdom, but that pleasure in obtaining wisdom IS NOT wisdom itself but a by-product of having obtained a desired need. While thinking himself wise with all his satanic hedonistic cabalistic drug-sex magic, Crowley was going down a dead end. This is so obvious, that some modern thinkers try to revise the concept that pleasure is good, to the underlying idea that what is desirable for a man is good. But again this makes a mess out of things. People differ in their desires and this means what is evil for a victim of mind-control is good for the abuser. Bertrand Russell connected to the Illuminati stated, "Ethics is the art of recommending to others what they must do to get along with ourselves." This fits with the basic viewpoint of many people today who think that there are no moral truths, everything is relative and subjective, just an opinion. If we approach the subject from an understanding that the way we as human beings are constructed by God, our very human nature has created needs within us. If we make a moral judgement it is not relative but it is grounded in the truth that we have a real need, and these morals express a desire for the good that satisfying that need brings. For instance, a glass of water in the desert is a need, it is good. A glass of whiskey at the bar is a want, it appears good—but it is not a genuine need

of the body. We ought to desire more of the things we need, but we often sacrifice these for our wants. Common sense teaches us a foundational moral law that we should desire what is really good for us. Good being defined as what mankind needs. If we know we truly need something, then we know what is good, and we should desire having it. What sustains the universe? If we realize that God sustains the universe, then God is realized as a need, not a want. This explains why mankind is so busy with worship. Monkeys do not worship. Fish do not worship. But man tries to worship. Neither fish nor monkeys feel guilt because they do not sin. But man does, because man was given the free will to do what was right. What I am doing is laying the groundwork to show the reader that all these modern philosophies that say there are no absolute rights or wrongs, are not grounded in truth & reality. We as humans have needs, and to desire those real needs be met is good. Since the fall of man, which was the rise of religion, a great deal of muddying the waters has occurred. The fall of man paralleled the previous fall of Lucifer. The trauma-based mind-control is a mirror image of the fallen mind of Lucifer. At this point, - some of you readers will consider this to be wild preaching—because it is very unpopular to view the mind-control as something religious in nature. Because Luciferian gnosticism & Satanism are religions, it's popular to ignore the religious side of the programming. To associate the occult with trauma-based mind-control seems to some secular therapists unnecessary. They want to sidestep the religious nature of the programming with the mistaken idea that they can sterilize what happens to the victim in strictly scientific terms. But if we don't dismiss the existence of good & evil, God & Lucifer, and we understand the mind of Lucifer/Satan, then we amazingly “just happen” to have the greatest explanation for understanding the trauma-based mind-control. [Now Cisco will pick up from here.] Lucifer

wanted to steal God's identity. Lucifer in his fall was stripped of his birthright, his identity and his rank, and was separated from truth. Lucifer goes forth to steal the identity & birthright of children, and to separate them from truth. This is just a small part of how the mind-control is a reflection of the mind of Satan. An entire book could be written on this subject alone. No matter how painful it is for a mind-control victim to realize what Satan stole from them, once they have acknowledged that, and begin to take back what God originally gave them, then the wisdom God will give, will bring knowledge. And that knowledge will bring understanding. And with that understanding the eternal life force (spirit) that the Creator gives each person can look into the deepest pit of hell and it will still see the light of that truth. And Lucifer knows that when you put light on darkness, there is a light at the end of the tunnel which will continue to break down the darkness. The day one seeks truth with his whole heart, is the day he will find it. That light will be a light on the hill that will prevail over darkness. You can be sure that if you are dealing with mind-control structuring, you are dealing with Satan the father of all lies. When the victim can acknowledge the crimes that were done against him or her self, then he is able to acknowledge what Satan is, the Father of all lies. If evil is recognized as evil, then seek the goodness of truth. The truth will open a doorway into the mind that brings growth, maturity, stability, assurance, a new awakening, and other exciting things. The battle for your mind is between truth and evil.

