

THE ILLUMINATI FORMULA TO CREATE AN
UNDETECTABLE TOTAL MIND CONTROL SLAVE by Fritz
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Podcast 16

CHAPTER 8: THE SCIENCE OF BODY MANIPULATION
AND PROGRAMMING

A. THE SCARRING OF THE BRAIN STEM. Early on it was discovered that the brain would overcompensate for scarring on the brain stem. This is a principle similar to weight lifting. By tearing down the muscle fiber by overexertion, the body rebuilds the muscle stronger. By scarring the brain stem, it -was discovered that geniuses who had photographic memories could be created. Brain stem scarring was used to create the whiz kids that the N W O needed to run their big computers. For instance, the computers that just NASA alone uses require people who can work in ALGOL, BASIC, COBOL, COBOL 74, MULTICS COBOL ver. 4.4, COBOL Cb.4, COBOL CP-6, BOL, EULOR, FLIP, FORAST, FORTRAN, HAL/S, Illiac 4, JASP, JOSS, JOVIAL, /LYAPAS, LISP, LISP 2, /MAP/, NuSpeak, PASCAL, PEARL, /PLACE/, PL/1, PL/1-APAREL, PLANIT, Praxis, SA Machine Language, SEMANOL, SNOBEL, UNIX, WANG, ZBIE. It takes a good memory to remember computer languages and programming. These whiz kids, who were both programmed with Monarch programming and had their brain stems scarred can be seen in some of the University computer

departments and the intelligence and military agencies' computers rooms.

For instance, at Fort Meade, the NSA has 2 buildings which contain a completely self-sufficient intelligence operation. (The complex has its own stores, bank, dry cleaning, dentistry, barber shop, PX, hospital, as well as the normal snackbars and cafeteria that Federal buildings often have.) This complex which is internally guarded by cameras watching all the corridors, has several major computer rooms where whiz kids are employed. Movement by these whiz kids, requires that they have the proper I.D. attached to them. The C I A which has had an ongoing project to create them, has called them "Compu- kids." Some of the elevators are private and operate only with the proper key. The NSA's computers participate in electronically watching the world. Another example of where compu-kids (slaves with scarred brain stems) work on big computers (incl. a Beast computer) is at Area 51 (Dreamland), Nevada. The method of scarring the reticular formation of the brain stem is accomplished electronically. The RNA piles up and breaks the continuity of the signals coming through. Different people's bodies are able to tolerate different levels of abuse. Many of the brain stem scarring victims die, or end up with a pseudo- Multiple Sclerosis. Many children are coming into hospitals and being misdiagnosed as having Multiple Sclerosis when in fact they are damaged from programming and brain stem scarring. If the victim is successfully given a photographic memory through their entire alter system due to brain stem scarring, then they are often programmed to see what are called "hieroglyphics" (that is the cover name) which is really just the 'Intergalactic Language" that NASA developed in the 1960s and then turned around and used to program slaves with photographic memories. Under the cover of research projects like N67-3042 (17 page 3022) "Language

structure and message decoding for interplanetary decoding.” in 1967 and N65- 32284 20-3414 in 1965 entitled “Symbol science for communication language of humans, animals, and inanimate objects -application to mathematics, cybernetics, and automation.” The actual study no. or no.s for the Intergalactic Language is not known, but they should appear somewhere in the voluminous scientific and Technical Aerospace Reports that NASA puts out each year. The script of this language was shown in the beginning credits of the strange movie Lawnmower Man. Some of the symbols are similar to Ascii Computer language (which is a language that interfaces with many other computer languages, so that one language can be translated into another language.) The Monarch slaves are told that this is an alien language.

THIS IS THE WAY THE SCRIPT OF THE INTERGALACTIC LANGUAGE LOOKS (Lost Picture) Hypnosis Another method that has also been used to enhance memory is hypnosis. Estabrooks was able in the 1930s to create Multiple personalities via hypnosis and get incredible mental feats accomplished by those parts which were asked under hypnosis to have photographic memories. Implants Still another method is to place small transceivers into the head or body of the person. These implants have been attached in the neck or other places, and have been connected to various parts of the brain. They have literally created what the movies called “terminal man.” This has allowed special intelligence agents to be linked to large computers. The intelligence asset can get continuous information on anything the intelligence agencies have managed to get into their large computers. Brain implants can download incredible amounts of information to the brain, however, the ability to use this information wisely is still a skill. Having a library of information available doesn't necessarily mean a person is wiser. For more on slave-

computer interfacing see the index for information on ALEX, Amalgamated Logarithmic Encrypted Transmissions, and UNIX systems which are used to tie the Monarch Mind to computers. Drugs and Torture Drugs and torture are also used to enhance memory. Brain stem scarring is not the only method to enhance memory, but it has been a “highly successful” (if one doesn’t count all the ruined lives when it’s failed) method. M P D also naturally increases the brain’s functioning several fold, and can help give photographic memories. In review, drugs, torture, hypnosis and M P D all work to enhance memory. Most slaves have some photographic memory capability. The most serious form of memory enhancement is brain stem scarring, which produces a strong system-wide photographic memory. B. SPLIT BRAIN WORK The brain is “bicameral” or two-sided. The two-sides (called hemispheres) communicate via a super-powerful connector called the corpus callosum. The left hemisphere is specialized in verbal- linguistic transduction of speech and analytical thinking (logic, math, cause and effect, language, and sequential thinking). The right side plays more of a role in holistic-metaphorical information transduction such as imagery (art, dance, intuition, subjective, spontaneous, holistic, and dream imagery). The primary role of creating imagery is carried out by the right side. Roger Sperry, a neuroscientist won a Nobel Prize for feeding information to only one side of the brain, and also for feeding simultaneously both sides of the brain different information. His results showed that the two hemispheres could operate separately at the same time. We hate to rewrite history, but the work that won Sperry a Nobel Prize was being done to unwilling human victims before his publicly known experiments. Sperry’s research left people wondering if it wasn’t possible to have one personality located in one hemisphere, and another person in the other. Psychologist Julian Jaynes wrote a book arguing that mankind used to have two personalities before

the two hemispheres evolved an ability to integrate. (His book is *The Origin of Consciousness in the Breakdown of the Bicameral Mind*.) Before the public had heard about the ability of the two hemispheres to work independently, the Illuminati and MK-Ultra programmers were carrying out split brain programming, by two methods, 1. shutting down one side and communicating only with one side of the brain, and 2. by simultaneously feeding different information to each hemisphere.

This is often done by the victim being locked in place with their eyes forced open, and different movies shown simultaneously to both eyes. This creates a form of split brain programming. High speed films will be shown with one hemisphere receiving horror scenes and the other getting family settings. This makes the two hemispheres work separately and the victim feel crazy. The mind feels ripped apart. One hemisphere is trying to dissociate and is having a miserable experience, while the other side is experiencing something just the opposite. When high speed films are shown for split brain programming, the films are shown in 5 minute increments. Front alters may be shown good films to make them believe they live in a perfect world with a good family life. Right side satanic alters may receive horror films shown via the left eye. The right side of the brain doesn't verbalize well, so this is one reason slaves have emotions without the ability to verbalize. A possible third method is to use drugs that block the two hemispheres from communicating. A fourth method in split brain work is to speak into the left ear while giving the right ear confusing noise. This last method is sometimes done to force alters to concentrate when learning scripts. The split brain programming done by the Illuminati is grotesque. A drug is injected at the base of the skull into one hemisphere of the brain to shut it down, while the other hemisphere is kept awake. Torture is then carried out

to split the mind. What this does is create programs and alters which are associated with only half of the brain. The brain is being further divided from itself. Work is done by the Programmers to develop the thinking of alters from one side of the brain to think differently from those of the other side. Split brain programming is not just hypnosis, as some have been led to believe. Split brain programming provides the Programmers one way to keep the left hand from knowing what the right hand is doing. It also gives them the ability to put in body programs or memories which effect only half of the victim's body. When one hemisphere is dominating in what the brain is doing, the opposite nostril will open and take in air. When the right hemisphere is doing most of the thinking, the left nostril will be doing most of the breathing. Voluntary changes in nostril breathing can help shift the center of brain activity from one side of the brain to the other. When a person lays on his side, the downward side hemisphere will be activated, because the top nostril will breathe best. The control of nasal breathing has been part of the Yogi's art to achieve samadhi. The distinctions between the two hemispheres or two brains are used by the occult world. Moriah values the intuitiveness of the right hemisphere. As one Illuminati mind-control programmer said, "It's the right brain that has an in-built propensity for accessing timelessness. There is bound to be some unconscious prompting therefore that alerts us to the imminence of forthcoming disaster, that is, if we are sufficiently sensitive to its message, unless we have the wisdom, the soul age, to affect the use of those additional facilities (to access right brain knowledge) we will find our intelligence sadly limited to the left brain logic of the material world." While this book is not about occult philosophy, occult philosophy is part of the motivation behind some of the split brain work. In order for the Illuminati to create alters which are highly intuitive and which are able to access the higher demonic spheres, they

need to shut down the logic hemisphere. When the left hemisphere is shut down, then the right brain (which controls the left hand and left side of the body, i.e. the left hand path) is able to function without competition. The victim must be able to get in touch fully with his or her intuitive side to go into the “spiritual dimensions” where demons exist. This is very nasty work, because this split brain work involves high level demonology. Most of the deeper Illuminati alters are right brain alters so that they will be very spiritually intuitive. The Lesser Key of Solomon is an important teaching book of the Illuminati. It states, “An adept enters an abnormal plane and equips himself to ‘charge’ with magical energy the pentacle and talismans.” The training that this takes is called “training of the higher will” and split brain programming is part of how it is accomplished.

C. MEDICAL TECHNOLOGIES Medical science has been probing the gray matter that makes up the human brain for several hundred years and they continue to probe it. With the use of various new techniques they can look inside the human brain in ways that were not available before. An enzyme called horseradish peroxidase (HRP) which serves as a marker or highlighter allows brain researchers to visually look at brain cells on functioning brains. Researchers such as Frank Putnam, at the National Institute of Mental Health, have taken PET scans of the brains of people with multiple personalities, whose brain scans from one alter personality to another are very different. This doesn't occur in non-multiple people who pretend to have different personalities. The brain scans have shown that brains with multiple personalities are physically different than other people's brains. The different personalities are often in different neurophysiological states. Medical science has helped the programmers

put people into different neurophysiological states for programming. Some of these states are dangerous unless trained medical personnel are available to ensure the victim doesn't die. Which, according to ex-Programmers, does happen anyway. Medical science has identified glutamate which is an amino acid as an important neurotransmitter involved with memory storage. However, after countless tests and all types of research, we still do not know completely how the brain stores memory. However, the N W O's Network understands far more than they have let the public learn.

SKILLED MEDICAL LAB TECHNICIANS Having the medical know-how doesn't get the job done in itself. Obviously, the Network has needed to have both hospitals and trained medical personnel. Having skilled workers is part of the success of the Monarch Programming. For instance, the simple interpretation of Alpha BFT instruments, requires that the operator be able to understand what is background interference. Everywhere the instrument is located there is going to be some amount of background interference. Only the good operators can realize when a pseudo-alpha wave has been produced, perhaps from the child sweating in the location of the electrode, or hair movements, or eye blinks or twitching. The Illuminati has their own midwifery training program, which will take teenage Monarch slaves and train them. They also begin training their people in programming and observation from infancy up. By the time they are an adult, the programming alters know programming as second nature. They have no shortages of doctors, nurses, psychiatrists, and other well-educated people. If they have to save an important Monarch slave, they may fly in a specialist from wherever the right specialist is. When it comes to research, some of it done by professionals who

don't realize how their research is going to be used. Many researchers are great on seeing detail, but not the bigger picture. They usually don't realize how their research is going to be misused, and are very gullible people. The C I A finds that the researcher is quick to justify in his or her mind the moral value of the research they are doing. Many members of the Illuminati are involved in secret genetic research. Having control over numerous big hospitals, is an important link in the ability of the Network to program so many people successfully. Medical personnel are participating in acts that help mind-control. One Christian nurse quit the University Hospital here, because newborns are secretly being given implants. A few years ago, it was discovered that The Upjohn, an American multinational company was involved in placing radio-transmitting material in with their liquid cortisone preparation Depomedrone, which created an implant when medical personnel put Depomedrone into their patients.

D. HISTAMINES Histamine is a chemical (a particular molecule) which the body uses to defend against alien cells. It also has the ability to lower blood pressure and to flare up the skin. The auditory sense can effect histamine production via programming. Histamine is a molecule which is part of the immune system. Changes in histamine levels effect moles. It effects skin changes in scars. This is how the abusers can magically make scars appear and disappear, which makes the programming seem even more real to alters. The abusers like to create invisible scars that form patterns and pictures. The most popular is the Baphomet head (which stands for Satan). Upon command they can trigger the skin to make these scars visible. If one pricks someone's skin with a needle having histamine on the tip, it will cause the skin to flare up red. Biofeedback has allowed people to mentally talk to

their skin. Hypnosis has controlled people's immune system. States of mind effect the immune system. Somehow a combination of these is used to allow the handler upon command to trigger the correct state of mind within the victim to increase histamine production within the skin area. The bone marrow of the body produces stem cells. The stem cells are capable of growing into many different types of cells. First, the stem cells grow into some basic different cells and those in turn grow some more and further differentiate. For instance, a stem cell can become a myeloid, which can become a polymorpho nuclear granulocyte which in turn can become a basophil or mast cell. Both basophils and mast cells are leukocytes and they are part of the body's immune system. Both basophils and mast cells are carriers of histamine. Histamine does several things in the body. Histamine causes dilation of blood vessels, and it allows blood vessels to become permeable (leaky so to speak) which allows other chemicals and fluid to go through the blood vessels into the area between cells and tissues. All CNS (Central Nervous System) cells of the body have receptors that the histamine can attach itself to like a ship docking. When cells are damaged, or alien cells enter the body, the basophils and mast cells release their histamine. For the body to have more histamine, it must increase the number of basophils and mast cells. This can be accomplished by changing the ratio of stem cells that develop into other types of cells. The core of the histamine molecule is an ethylamine. Antihistamines are molecules that resemble histamines enough that they can attach themselves to the histamine receptors on regular cells and prevent the histamine molecules from attaching. If the histamine molecules don't attach, the body disposes of them. The point being that histamine remains in the skin only so long before the body disposes of it.

Histamine levels in the body can raise IF the cells which carry the histamine are increased. THIS IS THE STRUCTURE OF A HISTAMINE MOLECULE (Lost Picture). It is believed that breast implants have some kind of effect on raising histamine production levels in the body. Whether these breast implants are identical to what all breast implants are, or whether they have something special to agitate the body into higher immune cells' production of the mast cell and basophils type is not known. However, there seems to be some relationship between the Network's need to raise histamine production in their slaves, and the breast implants that they are putting in them. Putting the pieces together leads one to believe that the implants agitate the body's immune system into raising the level of its histamine carrying cells. A number of women who have gotten implants speak about an increase in allergies. The allergic reaction is caused by high levels of histamine. Whether this happens to some or many is not known at the time this is written. The three big Illuminati chemical companies are I.G. Farben, DuPont, and Dow Chemical. Dow Chemical began research with implanting silicon in 1956. After 35 years of studies in which they implanted thousands of various animals with silicon, the company knew exactly what silicon would do in the human body. The FDA had public hearings in 1992 where internal documents of the Dow Chemical Co. were released which showed that the company knew all along that their breast implants were very dangerous, years before they put them on the market. There is an incredible search going on for an anti-silicon antibody so that they can clean up the mess they have created in millions of people who have silicon implants. The immediate chest wall and area around the breast implant gets highly agitated. The silicon leaks through the membrane, and then causes great

difficulties in the body. Many of the female Monarch slaves have received breast implants.

E. BODY PROGRAMS Researchers have come a long way toward understanding the mind. They have discovered, for instance, that under stress the brain will convert nerve signals into “messenger molecules” who then in turn direct the endocrine system to produce steroid hormones, that can reach the nucleus of various cells and cause them to change how the body’s genes are written out. These genes will then direct the cells as to how to make a variety of molecules which are used in growth, metabolism, sexuality, and the immune systems. In other words, the mind can rewrite genetics. This was the secret that helped get the Monarch program off to its scientific foundation. Now the actual mechanics of this have been observed by researchers. One of the leaders in understanding the mind-body relationship was Franz Alexander. [Doctor] Black was one of the researchers into how hypnosis can be used to regulate the body and the body’s functions such as the immune system. Ken Bowers also worked in this area. Doctor S.M. Lambert of the Rockefeller Foundation studied how voodoo could cause death by creating certain thoughts in the mind. Most of the research in this area was monitored, if not sponsored by the Intelligence agencies under the auspices of the Illuminati. The Hypothalamus bridges the mind and the body. It works as part of the limbic hypothalamic system. This system is a determining center for what state of mind the brain is placed in. The immune system communicates directly with the hypothalamus part of the brain with its own “messenger molecules” known as “immuno-transmitters”. This then is the mind-brain link that the Monarch programmers have taken so much advantage of. Barbara Brown, a physiologist at

Veteran's Administration Hospital (in Sepulveda) wrote a book *New Mind, New Body*. Barbara Brown's research was government funded. Her book got the public interested in biofeedback. Because of repeated success at getting patients to control such things as their heartbeat, Doctor Brown is convinced that a person's heart rate, breathing, muscle tension, glandular responses are all subject to a person's will. Those who have worked with victims of U.S. government MK Ultra mind control know that what Doctor Brown writes is correct and was known years before she published her book. Biofeedback is now required training in some prisons for some inmates. It is clear from the final results that Monarch slaves have programming which can carry out the following functions: Control the pulse rate and heart beat, Control the body's temperature, Control the temperature of individual body parts or sides of the body (such as the right side of the body might get hot, and the left side of the body get ice cold). Fritz has observed this by touching the left and right sides of a victim who was burning hot on the right and ice cold on the left.

The secretions of various enzymes and histamine production has been trained into the victims and attached to various body programs to keep the slave in line. Histamine production appears to be regulated via surgery carried out on women's breast. It appears, but hasn't been confirmed, that the surgery where breast implants are placed into female Monarch slaves plays some role in histamine production and programmed control. Allow the body to pretend that it is dead, when actually it is in an altered state similar to being comatose. The internal defenses consist, in part, of body programs that are triggered if the Mind-controlled slave steps out of line.

Here is a good list of some of these body programs: Auditory problems, a Bone disorder, Blood flow and circulation, Coma (zombie death sleep which makes victim appear dead), Digestive failure, Headaches-split brain, Heart failure, Histamine production, Optic problems such as blindness, Respiratory failure, Sleep deprivation, Sleeping program, and Temperature change.

Body programs will be put in across the board for all alters. The same code will work for all alters when the internal programming alters want to trigger a body program. If a body program is placed into the slave it may be anchored to something, and that might be something as drastic as the heartbeat. One of the programs causes the victim to hear a heartbeat which is refrained in their minds as the "heartbeat of Satan." Some of the body programs are carried out by creating an alter which has one mental state—such as an alter fragment which is burning or one that was created by ice torture. This alter or this feeling of being hot or cold, is then attached to something in the mind. For instance, if the victim moves toward the world, a cold alter or a cold feeling of a memory is hypnotically programmed to come up behind the alter holding the body. Sometimes the sensation of burning can be eliminated by getting a firechild to back up from the front of the mind where another alter is holding the body. Many feelings, body sensations, and drugged states are attached to programs. When the alter hits a stringer, he will go through a series of memories, false memories, hypnotic commands, and body sensations that have been attached together in stringers. The stringer type of programming is often put in to set in a front program which is to deceive an alter. The abilities of the human brain to control the body have been seriously underrated by people. Bio- feedback researchers in the 1960s were surprised to find out that if a single nerve cell's activity is placed upon a screen so that the

subject can see its activity graphed, the subject will be able to mentally identify that cell apart from any other nerve fiber cell, and will be able to have voluntary control over that single cell apart from any other. Just to show how complex the body is, a single nerve fiber cell will have 600 connections. This mental feat is simply mind-boggling for researchers. March 5, 1972, The Los Angeles Times reported that patients were being taught how to alter their heart rate without drugs. This had already been happening within the Monarch Programming. The heart is controlled by the mind and works with the emotions of a person. There have been people who have literally died from a "broken heart." This is a historical fact. The Monarch programmers have long been taking advantage of the mind's ability to control the heart's beating. A tiny little bit of tissue not really visible to the visible eye called the sinus node, sends out electrical signals that regulate and initiate heart beats in an unbroken rhythm. The genetic code concerning the body's metabolism and the genetic code for the sinus node somehow get the entire heart beat generator mechanism started. Two areas of the brain control the changes in heart beats that the sinus node would make. The sinus node sends out the signals but it doesn't change the rate. A very primitive part of the brain stem is one of the control areas, and the other control area along the spine. Both of these areas connect to the higher thinking areas of the brain. The three most frequent events that change heart beat are emotions, sicknesses, and muscle activity. Since the will influences emotions, the higher brain can control the heart beat and its pulse. Alters are programmed so that they will trance out if anyone tries to prove to them that they have a heart-which they have been programmed to believe was taken away from them by the programmer. The occult world learned this ability from the Indian yogis who have been controlling their hearts for centuries. Some have even shown in the scientific

laboratory that they can stop their hearts for up to 30 seconds. (See Doctor Elmer Green of Menninger Foundation's work.) The yogis also developed the skill of changing their body temperatures. For instance, Swami Rama in the lab of Doctor Elmer Green could make one side of his palm hot and the other side of his palm cold simply by mental efforts. This type of body control was learned by the Illuminati years ago, and has been applied to the Monarch programming to make the programming lies seem more real to the victim than the outside world. A Monarch slave can get cold on the left side and burn on the right side of his body. It has been well-documented that the mind can control the blood flow to various tissues and in this way change temperature in various different parts of the body. This was first reported to the public in 1978 (Barabasz and McGeorge). It appears that a combination of yogi type bio-feed back techniques along with classical behavior conditioning is able to account for some of the body programs in slaves. Other body programs appear to be connected to the memories of alters. For instance, if the Programmer wants the body to burn, he has the System pull up an alter which was tortured with fire who comes up behind the alter holding the body, and the body then abreacts and feels like it is burning. As mentioned, one technique is the split-brain programming where the functioning of the two hemispheres of the brain are separated, which allows the patient to feel the "right hand path" and the "left hand path" separately. This type of programming is very powerful in making the programming script seem more real than outside reality. High blood pressure or hypertension has been found to be largely a function of the mind. However, conventional medicine has ignored this for years, and has a large volume of confusing and misleading research to the opposite. Rather, than admit the cause, the medical establishment has labeled the largest percentage of hypertension cases as "essential" or

“idiopathic” which are labels to cover up that they don’t know (or refuse to recognize) the cause of the high blood pressure. At any rate, the cardiovascular systems (heart and blood vessels, etcetera.) is so complex that it has been very difficult for researchers to get a grasp on many issues involved in blood pressure such as the release of hormones into the blood, and the result of long term stress on the cardiovascular system. When tests show that the stress of unemployment increases high blood pressure problems among men, it would seem that the medical establishment would begin to see the link that the mind has with controlling blood pressure. Again bio-feedback and classic conditioning have been successfully used to radically change a subject’s blood pressure. This along with the ability to go into deep trances, are abilities that the Monarch slave is programmed to have to control their blood pressure. Again the question may be, “why would they condition a slave this way?” Because, if the Master can call out a hypnotic trigger and change the slave’s heart beat and blood pressure, does the reader see how the “puppet-like” the slave feels? The slave’s mind and body are literally owned by the master. The slave is not even allowed to control his own body. This is what total mind-control is all about.

PATHWAYS The medical profession uses the term “pathways” to describe the ways the mind creates biochemical and physiological changes. In other words, how does the mind consciously decide to change its body? When medical researchers began to understand how the two hemispheres worked, they began to understand better how to facilitate mind-to-body communication so that they could program the slave’s mind to control its body. One of the better books on this subject is *The Psychobiology of Mind-Body Healing* by Ernest Lawrence Rossi. Rossi and Erickson devised a three-stage approach to accessing the

person's inner resources for therapy. This type of hypnotic-induced healing is a clue to part of how the Body programs are structured in for body control by the programming. What some use for good, is used by others for evil. During the hypnotic work, Rossi uses what is called the "inner mind" of the person. For instance, to get a person to stop bleeding, indirect hypnotic suggestions are made in the following 3 stages, a. a time-binding introduction of "Why don't you stop bleeding? Now!" b. there is an accessing of state-dependent unconscious processes that can control the bleeding, and c. there is a response by the person which ratifies that the inner process of stopping the bleeding has actually happened.

The hypothalamus is a very small part of the brain. It is only the size of a pea, but it contains an immense amount of important tissues which control all types of inner activities of the body, including the endocrine, the immune, the neuropeptide and automatic systems. It is this area of the brain which is manipulated by hypnosis. The limbic-hypothalamic system is in a constant process of shifting what state of mind the brain is in. There are numerous unconscious and conscious states that can be shifted to. These are labeled "psycho-neuro-physiological states" because researchers now realize how a state involves the

entire person. All learning is associated and depends upon the state it was learned in! A new sense organ was discovered, and US. News and World Report, July 19, 1993, page 61 reported on it. We do not know when this tiny sense organ, which is located in the nasal cavity, was discovered by the people doing mind-control, but it is already being exploited. This organ responds to chemicals called pheromones, which play an important role in human emotions, such as fear, hunger and love. Human skin gives off odorless pheromones which other people can detect.

Basic human drives are controlled by Pheromones. Endorfin is a peptide, of which at least 50 have been charted. By manipulating these chemicals, people can be biochemically put into a different state of mind, and victims have been manipulated by these chemicals. These chemicals are being used in conjunction with Virtual Reality to control slaves' minds. In the March-April '94 edition of The Futurist the author Glenn F. Cartwright, of McGill University announces in his article "Virtual or Real? The Mind in Cyberspace", "Strangely, the developers of virtual reality seem largely unconcerned by the possible dangers inherent in launching individuals into another reality." This is because Virtual Reality is being developed as another tool of mind-control. Computers can dynamically control and synchronize all that needs to be coordinated to give someone a virtual reality experience. The researchers and programmers are trying to immerse as many of the victim's senses into their virtual reality trip as possible. It becomes almost impossible to distinguish reality from the trip for the victim of this type of programming. McGill University, Doctor White's (Doctor Ewen Cameron) old stomping grounds did some virtual reality research. People are now getting involved with what is called MUDs (multi-user dungeons) where a person via virtual reality can create a parallel life. Some people are spending up to 120 hours a week immersed in their virtual reality second life. In 1992, Internet had 207 such games. Now the programmed slave only needs to hook into Internet to be programmed. Cartwright's article warns that a person's ego-center can be projected somewhere else via virtual reality, which destabilizes one's actual understanding of where their own identity is. He also warns that Virtual reality will create other personalities. He writes on page 24, "Multiple Identities. If it is possible in virtual reality or cyberspace to enter an altered state, become disembodied, swap genders, create a virtual ego-center, decenter the

self, and assume a different identity, then it may also be possible to assume more than one identity at the same time. In this context, the exponential increase in multiple-personality disorders in recent decades may be of more than just passing interest having multiple, serial, and simultaneous personae in cyberspace may not only be possible, but may even be encouraged as a part of interacting with others." Virtual reality via the computer Internet has now become another tool of the Programmers.

MUSIC Dissociated tones, beats and music may accompany hypnotic induction drugs. Pulsing beating sounds in the ears can change the brain's waves. It is no secret that music will put someone into an altered state. Music will change moods, heart rate, and even one's state of consciousness. In a home church setting that Fritz participated in, the question was asked of a group what they do to overcome depression. Everyone present listed "listen to music" as one of the things they do to overcome depression. Sound will change body chemistry, blood pressure, breathing and digestion. (See Jacobson, Steven. "Media Mind Control", Media Bypass, Sept. '95, pg. 50). To quote Jacobson, "Fast music will speed up the nervous system while slow music will slow it down. Sounds vibrate in different parts of the body. Low tones will vibrate in the higher portions and on into the head. Much of today's popular rock music is built around a heavy bass pattern louder than the melody. These low-frequency vibrations reverberate in the lower parts of the body so that the music 'feels' good. These loud, low-frequency vibrations and the driving beat of most rock music affect the pituitary gland, which controls male and female responses. The repeating sound pattern induces the hypnotic state of mind that is similar to day dreaming, thus clearing the mind of all thought so that the message can be implanted in the unconscious without resistance." It is important to note

that the lyrics of many rock songs are not clearly distinguishable consciously. When you do not hear the message clearly, you cannot make the conscious choice to accept or reject it. When you cannot make that choice or when that choice is taken away from you, the message is programmed directly to the subconscious, thus circumventing analysis and choice in accepting the content of the message. Sixties rock superstar Jimi Hendrix said: 'You can hypnotize people with music, and when you get them at their weakest point, you can preach into their subconscious whatever you want to say.' Long term exposure to the heavy metal themes of sadomasochism, Satanism, suicide and drug abuse can only have a negative influence on the minds of the listener. Today's generation of children are being raised on this type of music. Many of the big rock bands consist of satanists. This statement isn't made flippantly, but from having learned from many witnesses of the rituals these Satanic bands participate in. Some of these satanists, as the reader can already guess, are programmed multiples. For those programmed multiples who participate in heavy rock music, they are simply adding one more type of bondage and mind-control to their already long list. The spiritual damage done by rock music will be briefly addressed later in Chapter 10.

PROGRAMMING DAMAGE TO THE BODY. Many of the body programs that activate via trigger codes are simply memories of severe torture. For instance, the victim might be placed naked on a block of ice, which contains the body of a frozen person. (This is a common trauma used in programming.) When this memory is triggered, via an alter or alter fragment, the victim's body abreacts and gets very cold. Another common torture is to stick a ureteric catheter up the external urethral orifice (whose channel is called the urethra). This is painful. Then the urinary bladder is filled so that the victim is in extreme pain, and is made to hold

their bladder in silence. This torture to the body is painful. But the long term effects of this torture, which is done repeatedly to slaves to teach obedience, is to seriously damage their urinary bladders. The abreaction of memories of this help blackmail alters into obedience. The body of many slaves are only kept functioning, because they are given repeated surgery by doctors working under the auspices of the Illuminati. These doctors can be trusted to keep quiet about the abused bodies they have to keep fixing. It was mentioned in Chapter. 2 that some people suffering from autism are failures in mind control programming. We know of one case where a brilliant autistic teenager who had not talked during childhood began talking, and shocked his parents because he began talking about his spirit guides (see Chapter 10 on spirit guides). Some people diagnosed as Multiple Sclerosis (MS) are really failures of the mind control's brain stem scarring. Many hundreds of women with breast implants are coming down with symptoms that look like MS and Lupus. This may be because part of the women with implants are programmed multiples. Another disease that is believed by some to be caused by programming failures is Lupus (AKA lupus erythematosus or systemic lupus erythematosus). Establishment medical science claims that the cause of lupus is unknown. Modem Maturity (April / May '93) and Nations Business (May '93) are examples of magazines that have run articles about Lupus. Ronald I. Carr and the Lupus Foundation of America put out a handbook on the disease in 1986. The director of the Lupus Foundation has been an Illuminati programmed multiple. The effects of the programming are not just in the mind. It has been scientifically shown that the torture memories are embedded in the cells of the body. In fact, the Illuminati intentionally wants the body injured by trauma pains and trauma memories, because they want to prevent the possibilities of the sanctification of the body such as written

about in 2 Timothy 2:2 1. Also, the Programmers intentionally and zealously prevent the deeper alters from wanting to love as 1 Corinthians 13 describes.

PHYSICAL ASPECTS OF THE HUMAN BRAIN

Neurobiologists and chemists have learned a great deal about the physical aspects of the brain. One has to be careful about simplification. The concept of the split brain has been over simplified, because the best researchers on the two hemispheres know that there is constant interplay between the brain's two halves- unless the Illuminati have tampered with someone's brain. The split brain concept has been replaced with the Penta-Brain (something akin to a pentagram). The Penta-Brain takes the triune-concept of the brain conceived by brain scientist Paul MacClean and adds it to the split brain hemispheres and the duality of the frontal-posterior dimension also. In this process, "mammalian" and "reptilian" brains (those parts of our brains that mammals and reptiles also have) are accessed and worked on in people. The best description read by co-author Fritz of the intricate chemical changes that happen during Learning and Memory is a Special Report entitled "The Chemistry of Learning and Memory" Chemical and Engineering News, Oct. 7, 1991, pages 24-4 1, by Karen J. Skinner, Yale Chemistry Ph.D. in 1973, Masters from Kennedy School of Government, Harvard. This is a very technical report. The programmers do not learn this material, but those who want to understand the nitty-gritty molecular-biology of how the complex memory processes work in the mind might want to try to study the report. In very basic terms, what it is communicating is: Neurons (nerve cells-of which the brain has 10 billion) meet each other at junctions (gaps) called synapses. At the synapses (gaps), neurotransmitters allow them to communicate. There are 60 trillion synapses. As a person gathers information, the brain changes the synapses, in a sense

rewires itself. Part of memory is how the brain “rewires” itself, to use a layman’s term. Genetics have an important role in the initial hardwiring of the brain. Genetics also determine receptor diversity (at the synapses) which relates directly to learning and memory because it increases the ways neurons can perceive, process and recall information. The Hippocampus has been found to play a role in long term memory storage. The Hippocampus stores memory in the cortex to be encoded into long term memory. Numerous areas of the brain are busy with processing only one type of memory. In a macaque monkey, around two dozen distinct visual areas of the brain for memory storage have been discovered. In other reports, it has come out that memory is stored holographically. German researchers have been trying to figure out at the Max Planck Institute for Brain Research at Frankfurt, Germany what mechanism is used to bind the many various parts of information stored into a coherent recollection. The point that should be made at this point, is that an alter does not exist in one spot in the mind. The mind perceives that an alter does, but an alter in terms of physical change in the brain is actually a multitude of synaptic changes scattered throughout the brain. The brain’s concept and image of an alter and the dissociated state can be played with by the programmers, but they really don’t kill alters like they pretend to do during programming. Alters can’t be “killed” in the mind. As the mind consolidates info, it fires neurons in harmony (in phase) called a “binding” process. Perceptions which are not memories are initiated this way. It is these perceptions that exist without memories that are so important to the programmers. Some have called these perceptions “global unity” of the brain. These are in phase frequencies from 40 to 70 Hz. NMDA receptors can perceive patterned firings from nerve cells that are active at the same time, which allows the brain to strengthen some synapses and let others grow weaker. Synaptic

efficacy is called LTP. Interested readers can study LTP's molecular mechanism, etcetera. in Karen Skinner's Report. Changing subjects slightly, let's discuss how Moriah fertilizes two zygotes and intentionally kills one of the twins in the womb. Studies have shown that in cases where one twin dies in the womb, the other twin usually tries to lead two lives. This has nothing to do with DID (M P D), except that the surviving twin will later be made into a programmed multiple. The Illuminati doctors have perfected a method to kill a developing twin so that the other engulfs it in the womb. This is skillfully done, and creates some interesting mental changes in the survivor. Moriah also believes that it endows the survivor with twice the spiritual power.

GENETIC ENGINEERING TO CREATE PROGRAMMED ASSASSINS This next section is somewhat of an appendix to this chapter. Readers may want to skip it, if readers are only wanting to just learn HOW the mind control is done. However, we felt that since genetic engineering went hand-in-hand with Moriah's mind-control that a look at one specific type of military mind-control model would be worthwhile for some readers. An example of how genetic engineering is coupled with the trauma-based mind-control is Amphibious Man, a particular top secret model of Monarch slave. The following section is taken from an earlier article by Fritz on this. As far as we know, this was the first and only article ever written on the subject (not counting classified secret documents). When the public saw the British Royal Navy locate the sunken Lusitania in 1935 using the Iron Man Diving Suit, the British Royal Navy told the public that it had no interest and no use for the suit. The Royal Navy lied about the Iron Man Diving Suit that, "no use could be made of it as the Navy [had] no requirements for deep diving." The Royal Navy had no use for deep diving! Do you swallow that? That's a bold enough

lie to drown on. They had just used it to locate the Lusitania! The lesson here is that when the World Order is using a particular advanced technology, they will tell the public that they have no interest in it. The British, American and German navies continued after W.W.I to do research beyond what the public knew they were interested in. While the public thought that Aquaman was simply a comic idea—the research went on to develop the ability for humans to swim like fish. When the World Order has discovered a technological breakthrough they pretend that they are still researching the basic concept. Often they prepare the public for their inventions via science fiction novels and movies. The reasons include their need to avoid the future shock that can incapacitate a people. If the reader has gone fishing, she or he may be familiar with how fish can breathe in the air, they don't die automatically. They have gills which are designed to take oxygen from water, but their gills do absorb some oxygen from the air, enough to keep them alive on land for a while, so that if they are left on the bank after being caught they may jump back into the water and escape. Likewise, people don't automatically die from drowning. Near drown victims have been recovered after 40 minutes of being immersed in cold water. However, normal humans do not survive breathing water as well as fish breathe air. There are some animals though which can breathe both air and water, amphibians. Over the years, the New World Order has secretly developed the ability to create a subspecies of people who can swim and breathe water. Recently, the Oregonian newspaper (July 28, 1995) Arts and Entertainment Guide, page 22, ran an article entitled "Brave New Waterworld". This is an example of a fictional supposedly futuristic setting for a movie about a technology they already possess. The movie Waterworld is the most expensive film made recently. It is estimated that it cost between \$140 million to \$200 million to make it. One of the main

characters in the movie is Mariner, who is a human who has been genetically changed to have gills behind his ears. As mentioned already, they use movies like this to convince people that their present technology is only something of the future, while still preparing people mentally to accept it. That way the culture is not overwhelmed if they encounter the technology in the near future. When secret researchers discovered that a particular chemical(s) added to the bloodstream would enable the human lungs to take oxygen and remove carbon dioxide from water, they had the ability to have men swim in water like fish without scuba gear. Now they needed to cover their tracks, so National Geographic Society (which has great respectability in the public's eye) has written about experiments to find a way for men to breathe water. In the National Geographic book, *Exploring the Deep Frontier The Adventure of Man in the Sea*, published in 1980, they show a GE experiment on pg. 248. The picture's caption reads, "To dive like a whale and breathe like a fish: Scientists search for ways to increase man's freedom and range in the sea. In a tank at a General Electric research laboratory (right) fish swim past a parakeet separated from their watery world by a transparent membrane. Watertight but porous, the membrane allows oxygen and carbon dioxide to pass in and out. Equipped with artificial gills, man may one day breathe liquid while diving." The example here is that they cover their tracks when they make a discovery by setting up experiments that are allowed to be published that make it look like they are only beginning to understand the subject. Bear in mind, the Allies captured secret Nazi German records, and the Germans did not research using parrots—they used live but expendable people. The Nazis were not above injecting drugs that induce respiratory paralysis or other responses and testing how the person's body would respond to drowning. I would suggest that they analyzed oxygen contents in the human guinea pigs with

mass spectrometers. The paperwork of the secret Nazi research projects that the Navy confiscated at the end of W.W. II, would provide a better picture of what was researched and discovered. The National Geographic article admitted that they had a membrane through which a parrot could get oxygen via the water around it. Now, logic would tell you that if they have a membrane that will allow a parrot to breathe surrounded by water that the technical difficulties of adapting this to a person can be easily overcome; so the concept of gills for people is quite achievable, however, the ability for humans to directly breathe from water is already achievable due to some other advances they have already used secretly for years. In order to capitalize on their discovery of how to create Amphibious Man, military minds in the Illuminati went to work trying to think up schemes on how to use men who can swim like fish to their own evil advantages. Here is a discovery that could benefit mankind and yet they are thinking of ways to use it for evil. They basically realized that amphibious man could be used like a glorified Seal team. Navy Seal teams are the Navy's semi-secret group of well-trained men, who do primarily land operations after swimming ashore. Monarch slaves are being used in the Seal teams. The Seal teams are being secretly used to carry out assassinations, such as recently they were used to assassinate people in Iraq. They are trained in the ability to land and disguise themselves as natives and carry out illegal assassination work during times of peace. For missions like this, only programmed slaves will work, because they need to erase their memories. Seal teams are located around the world, especially in the San Diego HO area. The Seals were originally given dolphins to train and communicate with via clickers, but these were turned over to the EOD (the Navy's ordinance group) so that the dolphins can be used to disarm mine fields or carry explosives. The comic book scenario of Aquaman with dolphins is not

fiction anymore. The Seals use SDV (Deep Vehicles) which are tight fitting 4-person minisubs to submerge deep into the water, before swimming with gear. The name which is being used world-wide by people familiar with the concept of men swimming like fish is "amphibious man". There are world-wide groups secretly working on the use of this new sub-species of man. They are genetically trying to engineer new skin and other parts of the human body to make people more suitable for living underwater. In line with this, men, like Frenchman Jacques Rougerie, have been designing and building Aqua-cities so that people could live underwater and have industry such as fish farming to sustain themselves economically. Special "geothermal" generators would help generate heat for the Aqua-cities. Amphibious man is alive and well today. Understand that the people who are being genetically engineered by the Illuminati are also being raised under their mind-control. The structures of their alter systems are very complex on Amphibious Man models, because so much secrecy is riding on these slaves. The internal systems of these slaves are booby trapped every which way so that no tampering can be attempted, plus the design work on these Systems is some of the best. Things are tied together like a jigsaw puzzle. Fritz's Summer '95 newsletter, revealed for the first time that today, there are genetically engineered Amphibious men who are able to swim underwater without air tanks. There were a number of difficulties that the elite's scientists had to overcome to create Amphibious man. Scientists had the benefit of being able to make lots of comparisons - between various animals. Some animals can use water, some water and air, and some just air. There are many other comparisons that have been used in underwater research. In almost every physical aspect related to animals living underwater there are differences between various animals which can be compared so that the technical feature which allows one animal to do

something underwater that another species can't can be identified. Once the feature is identified, then research can begin on how to obtain this feature for human swimmers. For instance, one type of snake (the pelagic yellow-bellied sea snake) which breathes air, can under optimum conditions stay underwater indefinitely. Turtles have an incredible tolerance for anoxia, in comparison to other reptiles, which go underwater. And sea turtles have the best tolerance of all the various turtles. This is the type of difference that lends itself to comparison research. Underwater comparison research had already begun clear back in 1869, when Paul Bert examined the differences between domestic chickens and mallard ducks. Doing comparisons it is easy to find out that birds and mammals which dive have greater storage in their bodies for oxygen than humans. The Japanese Ama divers were studied in the early 1930s by German underwater researchers. However, the public has been told that very little research in this area occurred until the 1960s. Kooyman, Gerald L. *Diverse Divers Physiology and Behavior*. Berlin, Ger.: Springer-Verlag, 1989, page 33 states, "Little further experimental work was done on the subject of gas exchange in human breath-hold divers until the early 1960s." Can you believe that the British, Germans and Americans didn't research such an important underwater subject for 30 years? Yes, they did continue frantic secret research, and they eventually learned how to solve a number of undersea problems facing humans. First, the regulation of respiration is carried out by what is called the Chemoreceptors which are carotid and aortic bodies which detect the changes in the partial pressures of oxygen and carbon dioxide in the blood. The CO₂ break point mechanism is sensitive to a number of phenomena, which can prevent it from protecting a person. When a person breathes, he has an ingassing and an outgassing of oxygen, carbon dioxide, nitrogen, and other gasses. The levels of each of these

gasses and their nature are important factors in how a person's body underwater functions or dies. If the level of CO₂ gets too high, the person can become unconscious. The human circulatory system has to be changed to be able to adapt to the ocean environment. In dealing with men swimming underwater all the laws of gasses that regular divers have to deal with still apply to Amphibious Man—such as Amonoton's law, Boyle's Law, Charles Law, Henry's Law, and Haldanian's Theory on gas absorption and elimination by body tissues. Blood glucose is the only source for carbon when humans dive, which forces muscles to rely primarily on anaerobic glycolysis. This means that oxygen depletion is not the only major problem for those who hold their breath and swim. Blood glucose levels must be attained for underwater swimmers that will sustain activity. Breathing water must assure the proper functioning of the circulatory system. The high salinity of sea water causes hypertonic reactions in the lungs. Fresh water has too little salt in relation to the human blood and it causes hypotonic reactions. Either way, the water (either fresh or salt) causes the alveolar tissue to damage and the body begins leaking proteins out of the mouth. Secret naval intelligence researchers tied to the Illuminati studied what happens underwater to the heart rate, cardiac output and stroke volume, blood pressure and flow, the various important organs and the human brain, the muscles and bones and venous circulation, the hemoglobin affinity for oxygen, the effect of being submersed on blood gases, how oxygen is stored, and how hemoglobin concentrates in the body. Another advancement was to discover how to manipulate the genetic codes for the growth of skin, so that very dense skin could be created. The genetics for all types of animals have been spliced and diced and all kinds of weird humans and creatures have been created. Many are freaks and serve the N W O no benefit. One of the big underground facilities for genetic research is Area 51,

which is also close to San Diego, where the Seal Teams are HO. Area 51 is also an important mind-control programming center. Fritz's June-July-August Newsletter '95 further discussed the underwater bases, underwater supply depots, underwater mining research, undersea warfare systems, Tektite II, the mind-control research during the Consheif underwater living experiment, the U.S. Navy underwater research ship the Eagle, Scripps Institution of Oceanography and the Physiological Research Laboratory for Naval Intelligence use, underwater research by Rothschild and Bowers, Remote Controlled Vehicles (R C V's), and CURV (cable- controlled Underwater Recovery Vehicle), and special underwater tools such as the hydraulic underwater saw.

