

Here are prayers Beth has written, by guidance of the Holy Spirit, that can help ease some of the pain and torment a ritual abuse survivor endures. I have made some minor changes for detail.

Prayer to Stop Witchcraft Coming from Alters

Lord Jesus Christ, I want to align every part of me with the Spirit of the Most High God right now. I want no part in evil works for the Devil's kingdom, such as witchcraft, astral rituals, or accepting Satanic assignments. I cancel every evil assignment or form of witchcraft coming from any of my alters right now, in the name of Jesus Christ. I ask Jesus Christ to stop all programming right now in Jesus' name. I bind, cage, and chain every devil, evil spirit, and demonic gatekeeper working against me, and I loose burning, judgement, destruction, hail stones, coals of fire, and lightning to strike continually all enemies of Christ Jesus that cannot be saved, in Jesus Christ's name. I command all devils to loose my soul and all of its parts right now, in Jesus Christ's name.

I am asking You right now, Lord Jesus, to come inside of me and supersede the free will of every one of my alters that is participating in witchcraft or any works for the kingdom of darkness. I choose the true Lord Jesus Christ as my master and Lord and no other spirit. Jesus Christ, come live in my heart and be my God. I choose love and peace and hope and joy. Bring every part of me into hope for freedom and the love of God, which is matchless and pure.

Bring any parts of me that are triggered into a place of rest and healing. Align my body, mind and soul with where You need me to be, Lord, right now, because I am Your child. All my hope is in You. With all my faith, I believe You are using this for freedom and healing, right now. I pray this in Jesus' name.

Removing Access by Human Spirits

Lord Jesus Christ, I give You full access to every part of my being right now. Come inside of me and remove all disembodied human spirits from my being. Break every connection I have made with any human spirits and close every door I have opened to the enemy to give them access. I give You permission, Lord Jesus Christ, to supersede every right I may have given and to remove any points of access into my being. I ask You, Jesus, to remove any weapons, gifts, or any other object I have willingly or unknowingly received from any human spirits or devils. I ask You to bring hope and truth into every part of me that receives foreign human spirits into the body. Align every part of me with Your Holy Spirit and break every chain of bondage within me now. I choose Jesus Christ, the Worthy Lamb of God, to have full access to my being and no other spirit.

Shelter from Trauma Triggered

Lord Jesus Christ, I give You permission right now to come inside my being and fight for me. I ask You to restore every part of me to how You originally designed me to be. Any parts that have been triggered, I am asking You to bring them into a place of rest and healing and salvation. I ask You to bring every part of me into alignment with who You created me to be, Lord. I ask You to shelter me from trauma within and, instead, bring peace and security by Your mighty hand.

I ask that You create a safe haven for the parts that have been triggered, and bring them into healing and restoration, in Jesus Christ's name.

Prayer Before Sleep

Lord Jesus Christ, I give You my life: body, mind and soul. I ask You to align every part of me with who You created me to be. I refuse any partnership, agreement, or participation in witchcraft of any kind. I renounce all evil oaths and covenants. I give You permission to come inside of me tonight and every night to assure that none of my alters can supersede my conscious desire to follow You only. I give You permission to close every door inside of me, stop me from leaving my body to do evil, and prevent me from performing or participating in any witchcraft while I'm asleep, in Jesus' name.

Binding Alters' Work

I bind all of my alters from performing their kingdom level duties for Satan right now, in the name of Jesus Christ.

Repentance on Behalf of Alters

On behalf of every one of my alters, I repent for all knowledge and leadership positions I have strived for in order to ascend to the highest levels of second heaven. I ask for commanding angels of the Armies of Jehovah to break free and escort every one of my alters from their seated thrones or imprisoned cells or containers, and return them back to my body and soul, whole and complete, and cleansed by the Blood of the Lamb, in Jesus' name. I plead the Blood of Jesus Christ over me.

Prayer Against Programming

In Jesus Christ's mighty name, I renounce and reject all programming being sent to me right now. I plead the Blood of Jesus Christ, our Lord, over all Satanic or Illuminati programming, making it null and void and of no further affect. I bind every demon, device, and human spirit carried by this program, and command it to flee from me, in Jesus' name.

Stopping Astral Rituals

On behalf of every one of my alters, I command all astral rituals to cease and desist in the Almighty name of Jesus Christ. I bind every one of my alters from doing any further witchcraft or self-inflicted punishment, and command them to come off all of their jobs right now, in Jesus Christ's name. Amen, and amen.